

CONTACT INFO.



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EDUCATION

TERTIARY

Philippine College of Health Sciences, Inc.

1813 C.M. Recto Avenue, Manila

- **Bachelor of Science in Nursing**

2011 - 2013

Divine Word College of Bangued

Rizal St. Zone 6 Bangued, Abra

- **Graduate in Midwifery**

2008 - 2010

LICENSURE

Registered Midwife

PRC LICENSE NUMBER: 0155481

Registration Date: 11/25/2010

Valid Until: 10/05/2025

SECONDARY

Abra High School

Bangued, Abra

2004 - 2008

PRIMARY

San Juan Elementary School

Pilar, Abra

1998 - 2004

RIZZA MAJOY C. BERMUDEZ

OBJECTIVE

To obtain a challenging position that will utilize my skills, knowledge and experiences and which will also provide me with the opportunity for growth and advancement.

WORK EXPERIENCES

NURSING ASSISTANT

Manila Doctos Hospital

667 United Nations Avenue, Ermita, Manila, Philippines

Private Tertiary Hospital

300 beds capacity

2015-Present

Duties and Responsibilities:

1.Nursing Care Assistance

Admission

- Room preparation
- Greets patient and conducts to his/her room.
- Assists nurses doing initial observation on vital signs taking and weight and height taking.

Personal hygiene and comfort.

- Change bed linens and hospital gown.
- Answer patient's call
- Assists in positioning and turning of patients.
- Oral hygiene
- Assists in bathing.
- Assists back rub.
- Assists in perineal care.
- Offers bedpan/urinal when asked for.

Treatments and procedures supervised by the staff nurse.

- Assists in Hot sitz bath.
- Assists in Hot and cold compress.
- Assists in enema.
- Assists in Urinary Catheterization

Transfer to another unit

- Checks all items used if accounted for
- Assists patient to keep things in order.
- Prepares means of transport like stretcher, wheelchair etc.
- Conduct patient to the unit.

CERTIFICATIONS / AWARDS

“Realities and Opportunities in Nursing: Leadership Targets”

Philippine College of Health Sciences, Inc.
March 09, 2012

“Nursing Aide/Orderly Making a Difference”

Manila Doctors Hospital
August 2017

Basic Life Support

Manila Doctors Hospital
Valid Until October 04, 2024

Hero of the Month Award

Nursing Service Directorate
Manila Doctors Hospital
February 2022

CHARACTER TRAITS

- Patient
- Trustworthy
- Hardworking, energetic and flexible.
- Adapt easily to change of environment and work schedule.
- Can relate well with people from different culture.
- Willing to work and collaborate with family and other healthcare provider.
- Maintain critical thinking skills essential to providing competent and dignified patient care.

Discharge

- Check facilities used during confinement of patient and reports any unusual findings to the Head Nurse.
- Assist patient to keep things in order.
- Prepares means of transportation from room to lobby.
- Strips off bed linen and drops in the linen department for laundry.
- Cleans up facilities used.

2. Food Service

- Assists in per Orem feeding of weak patients without companion.
- Prepares patient for meals.

3. Handling Equipment

- Gives account for all items borrowed from the Central Service.
- Gets the supplies requested or encoded by the nurses in the Central Service and brings back the stocks or supplies to the unit.
- Endorses properly all unit supplies and equipment among aides.

4. Messenger

- Serves errands to Central Service, Pharmacy, X-ray, OR, etc.
- Conducts patient to doctor's clinic for consultation.

5. Care of Environment/Unit

- **Maintains cleanliness in the patient's room and Nurse station.**
- Keeps station clean and orderly.
- Notifies Housekeeping Service upon discharge of patient.
- **Ensure safety measures to avoid injury and accident.**
- Uses siderails.
- Uses restraints (with doctor's order)
- Observes guidelines for Isolation and Reverse Isolation Precaution.
- **Observes silence and order.**
- **Schedules cleaning of the following items:**
- Scrubs chart holders (metal chart) twice a month
- Defrosts refrigerator when necessary.
- Cleans push carts, stretchers, wheelchairs, conveyors and hampers.
- Performs other job as directed.

SKILLS

- Knowledge of medical terminology
- CPR
- Vital signs monitoring
- Wound care
- Bedsore management
- Bed making
- Enema administration
- Aseptic Technique

CHARACTER REFERENCES

Ms. Melavelle Ruiz

Cashier

Savemore Market Sta. Ana Manila
(63) 9703384459

Mr. Joseph O. Villagracia, RN

Head Nurse

Manila Doctors Hospital
(63) 9179828288/558-0888 Local
0678

Mr. Romeo A. Borres, RN

Asst. Headnurse

9F Station Manila Doctors Hospital
558-0888 Local 0678

CASHIER

Savemore Market

Sta- Ana, Manila, Philippines
2014-2015

Duties and Responsibilities:

- Upholds and complies with company procedures, standards and policies in all situations.
- Greets customer in a polite and friendly manner.
- Process cash register, payment by cash, cheque, credit card, gift card and debit.
- Wrap and place merchandise in bags/carts.
- Balance and reconcile cash at the end of shift.
- Maintain cleanliness of check stands.