

ARWINA C . BASILIO

PROFESSIONAL SUMMARY

Dependable and hard - working professional Registered Nurse with 25+ years of experience bringing proven clinical abilities, knowledge, and judgment. Delivers quality, cost-effective care with deep compassion and good understanding of nursing process. Expertly handles all facets of treatment delivery for different patients. Aiming to leverage my skills to successfully fill the Registered Nurse role at your company.

EXPERIENCE

Cosmos Care Matsushima Group Home, Matsushima, Miyagi, Japan, Jul 2022 -Current Registered Nurse

- Managing patient's healthcare plan according to the physician's instruction.
- Checking blood pressure, temperature, pulse and other vital signs.
- Administering and maintaining a record of all prescribed medication.
- Checking for infection, bedsores and wounds in the patients.
- Assisting in the daily grooming and bathing.
- Informed physicians of changes in patient conditions and nursing needs.

Ishinomaki Hanaichimonme Special Elderly Nursing Home, Ishinomaki City, Miyagi, Japan, May 2019 - May 2022

Registered Nurse

- Educated patients and families on conditions, treatments, and possible outcomes.
- Identified deviations and wellness changes and made recommendations, adjustments, and reports.
- Maintained safe, caring environments for patients.
- Recognized changes requiring nursing intervention and implemented care to reduce risks.
- Administered prescribed medications and monitored patients for side effects and adverse reactions.

Rokugono Mori Day service Center/Paid Nursing Homes, Sendai city, Miyagi, Japan, Sep 2017 - Apr 2019

Nurse Associate

- Communicated with physicians, nurses, and other caregivers to exchange information about patient conditions, treatment plans, and activities.
- Responded immediately to calls from patients for assistance or treatment and alerted medical staff to emergency situations.
- Reviewed patient dietary restrictions, food allergies, and preferences to facilitate appropriate diet.
- Documented and reported to nurses patient behavior observations, complaints, or physical symptoms.

Wellness Place Homes for the Aged, Quezon city, Manila, Philippines, Jan 2014 - May 2016

Operations Manager

- Establish work schedules and assignments for staffs according to workload, space and equipment availability.
- Direct, supervise and evaluate work activities of medical, nursing, technical, clerical, service, maintenance and other personnel.
- Direct or conduct recruitment, hiring and training of personnel.

Uohashi Hospital, Aioi City, Hyogo, Japan, Oct 2009 - May 2013

Nursing Assistant

- Coordinated diagnostic testing or imaging to verify readiness for surgery.
- Consulted and coordinated with health care team members to assess, plan,

CONTACT

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SKILLS

- PATIENT ASSESSMENTS
- MEDICATION ADMINISTRATION
- TEAM COORDINATION
- DOCUMENTING VITALS
- ADL ASSISTANCE
- WOUND CARE
- UPDATE ELECTRONIC CHARTS
- MICROSOFT WORD, EXCEL AND POWER POINT
- SUCTION MACHINE OPERATION
- ECG MACHINE OPERATION
- INTRAVENOUS INSERTION
- TUBE FEEDING

implement, and evaluate patient care plans.

- Administered medications to patients and monitored patients for reactions or side effects.
- Assist surgeon during operation.
- Educated patients, family members, and caregivers on conditions and treatment protocols to aid in compliance and improve outcomes.

Angeles Medical Center, Angeles City, Pampanga, Philippines, Mar 2002 - Mar 2009

OR Nurse

- Performed clinical assessments of patients admitted for conditions.
- Recorded patients' medical information and vital signs.
- Consulted and coordinated with health care team members to assess, plan, implement, and evaluate patient care plans.
- Monitored, recorded, and reported symptoms or changes in patients' conditions.

Sacred Heart Medical Center, Mabalacat City, Pampanga, Philippines, Apr 1999 - Dec 2001

Clinic Nurse

- Quickly and accurately assess patient care needs.
- Work collaboratively with doctors and staff to provide exceptional care.
- Perform all requested diagnostic tests.
- Manage multiple cases simultaneously, prioritizing needs continually.
- Maintain a clean, sanitary, and organized work environment.
- Collaborated with physicians and inter professional health care team to facilitate, coordinate, and maintain quality care and achieve desired treatment outcomes.
- Remained aware of patient needs to respond quickly to changes in condition or response to treatment.

Angeles Medical Center , Angeles City , Pampanga, Philippines, Jan 1997 - Mar 1999

Staff Nurse, ER

- Quickly and accurately assess patient care needs.
- Work collaboratively with doctors and staff to provide exceptional care.
- Perform all requested diagnostic tests.
- Manage multiple cases simultaneously, prioritizing needs continually.
- Maintain a clean, sanitary, and organized work environment.
- Collaborated with physicians and interprofessional health care team to facilitate, coordinate, and maintain quality care and achieve desired treatment outcomes.
- Remained aware of patient needs to respond quickly to changes in condition or response to treatment.

Tiglao General Hospital, Mabalacat city, Pampanga, Philippines, Oct 1992 - Dec 1996

Staff Nurse, Labor And Delivery

- meeting with expectant mothers for prenatal visits and providing care for normal and abnormal pregnancies.
- providing information, guidance, and hands-on clinical care to pregnant women.
- monitoring fetal heartbeat and length and strength of contractions during labor.
- coaching women, assisting with any complications and administering medications during birth.
- performing tests on newborns after birth.
- providing guidance to new mothers on all aspects of recovery and infant care.

EDUCATION

March 1990

Bachelor of Science

Nursing

Angeles University Foundation, Angeles City, Pampanga, Philippines

LANGUAGES

Filipino
Fluent

English
Fluent

JapaneseAdvanced
Tohoku Tabunka
Academy in Japan