

CHRISTIAN REYNOLD S. DIZON

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Guimba, Nueva Ecija, 3115

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PROFESSIONAL SUMMARY

I am a Registered Nurse with 7 years of hospital experience. I engaged in both hospital and academic nursing practice. I am a dedicated nurse with a sense of purpose in providing quality care and services to a wide variety of patients.

SKILLS

Social Skills

- My caring attitude helps calm patients and families in the midst of stressful situations and trauma. By listening attentively and using good verbal communication, I continually practice safe critical thinking skills and make appropriate judgments and decisions regarding the care and well-being of all patients.

Organizational Skills

- I manage my duties through wise planning, setting of goals, time management and prioritization. I also enforce policies of the institution to provide quality care and services.

Procedural Skills

- As a Nurse, I am confident in performing the following procedures:

Basic Patient Care:

- Vital signs taking and interpretation using manual approach
- Rendering hygienic procedures to patients: bed bathing/shampooing, oral care, facial shaving, nail care
- Proper positioning and transferring of patients
- Providing comfort measures to patients
- Sitz baths, tepid sponge baths
- Practice of aseptic and sterile techniques: Handwashing, gowning, gloving, preparing the sterile field
- Basic wound care

Medication Administration & Intravenous Therapy:

- Proper preparation and accurate computation and administration of drugs (oral, parenteral, topical, rectal)
- Intravenous line insertion, maintenance, care and removal
- Administration of blood and blood products

Cardiopulmonary Procedures:

- Oxygen administration
- Oropharyngeal, nasopharyngeal suctioning
- Sputum specimen collection

Gastrointestinal/Metabolic Procedures:

- Nasogastric tube insertion, maintenance, care and removal
- Nasogastric tube feeding

Renal/Urological Procedures:

- Urinary catheterization (insertion, care and removal)
- Collection of urine specimen (via midstream and catheter)

Musculoskeletal procedures:

- Assisting the physician with cast application and removal
- Passive therapeutic exercises
- Assisting with ambulation, Positioning and transferring patient

EXPERIENCE (From Current to Past)

Position: Nurse III (Nurse Supervisor)

Date: October 16, 2020 - present

Company: Talavera General Hospital

Address: Maestrang Kikay District, Talavera, Nueva Ecija

Job Description / Duties and Responsibilities:

1. Plans and supervises nursing related activities
2. Assists in the development of plans, policies, procedures and standards related to the delivery of nursing services.
3. Monitors performance of nurses and other health care personnel and conducts relevant training on health.
4. Identifies training needs of nursing staff and personnel and conducts relevant training on health.
5. Prepares monthly reports on health programs and nursing services.
6. Coordinates with other departments regarding the patient's needs.
7. Ensures that there is adequate medical supplies and equipment in the clinical area.
8. Performs other related functions as maybe assigned.

Position: Nurse II (Head Nurse)

Date: September 7, 2015 – October 15, 2020

Company: Talavera General Hospital

Address: Maestrang Kikay District, Talavera, Nueva Ecija

Job Description / Duties and Responsibilities:

1. Manages patient care and other nursing activities (e.g. conducting rounds, soliciting patient's feedback, administering medications and reporting unusual symptoms).
2. Monitors and evaluates the performance of staff nurse and non-professional staff in providing patient care.
3. Organizes/recommends staff work schedules.

4. Mentors student-nurses and monitors their development through preparation of programs/assignments with clinical instructor and evaluation of their performance.
5. Orients staff, nursing students, patients and their families in related areas such as philosophy, objective and policies of the hospital/nursing service and other health information.
6. Liaises with nurses, patients, members of the health team and other units to coordinate functions.
7. Monitors the inventory and maintenance of supplies, equipment and facilities.
8. Performs administrative duties such as preparing fiscal reports and other related functions as may be assigned.
9. Performs other related functions as maybe assigned.

Position: Staff Nurse (Job Order) **Date:** March 1, 2014 – September 6, 2015
Company: Dr. Paulino J. Garcia Memorial Research and Medical Center – Talavera Extension Hospital (Talavera General Hospital)
Address: Maestrang Kikay District, Talavera, Nueva Ecija

Job Description / Duties and Responsibilities:

1. Performs direct nursing care procedures, which include bedside nursing, hygiene, pre and post-operative nursing care, and admission and discharged duties.
2. Observes, records and reports patients’ symptoms, diagnostic and therapeutic procedures for both normal and specialized treatment cases.
3. Administers medication and notes reaction.
4. Sets up treatment trays and prepares instruments and treatment.
5. Maintains records reflecting patient condition, medication and treatment.
6. Assists in the education and rehabilitation of patients and their families related to physical and mental health.
7. Coordinates with other sections in the hospital regarding patient care.
8. Performs other related functions as maybe assigned.

EDUCATION

NUEVA ECIJA UNIVERSITY **2015 - 2019**
OF SCIENCE AND TECHNOLOGY

Doctor of Philosophy (PhD) – Major in Public Administration (48 units)
 General Tinio, Cabanatuan City, Nueva Ecija

CENTRAL LUZON DOCTOR’S **2011 - 2013**
HOSPITAL – EDUCATIONAL INSTITUTION

Master of Science in Nursing (MSN)
 Romulo Highway, San Pablo, Tarlac City

WESLEYAN UNIVERSITY - PHILIPPINES **2006 – 2010**

Bachelor of Science in Nursing (BSN)
 Mabini Extension, Cabanatuan City, Nueva Ecija

OUR LADY OF THE SACRED HEART ACADEMY 2002 – 2006
Secondary Education

OUR LADY OF THE SACRED HEART ACADEMY 1996 – 2002
Primary Education

PERSONAL INFORMATION

Date of Birth : April 3, 1990
Civil Status : Single
Nationality : Filipino
Passport Number : P0432739B

SEMINAR AND WORKSHOP

PROFESSIONAL COMPLETED SEMINARS AND TRAININGS:

CARING FOR CHILDREN WITH COVID-19

Center of Health Development - Calabarzon & Ateneo De Manila University -
Institute of Philippine Culture Eturo
July 8, 2021

THE COVID-19 VACCINE PROMISE: ANTICIPATED CHALLENGES IN THE NATIONAL COVID-19 VACCINE DEPLOYMENT PLAN

Institute of Philippine Culture – School of Social Sciences
Ateneo De Manila University
March 1, 2021

THE COVID-19 VACCINE PROMISE: IMPLICATIONS OF THE COVID-19 VACCINE DEPLOYMENT TO COMMUNITIES

Institute of Philippine Culture – School of Social Sciences
Ateneo De Manila University
February 24, 2021

THE COVID-19 VACCINE PROMISE: UNDERSTANDING HOW COVID-19 VACCINES WORK

Institute of Philippine Culture – School of Social Sciences
Ateneo De Manila University
February 16, 2021

STRAINS, VARIANTS AND MUTATIONS: IMPLICATION TO COVID PANDEMIC RESPONSE

Institute of Philippine Culture – School of Social Sciences
Ateneo De Manila University
January 22, 2021

UPDATE: EMERGENCY CARDIAC CARE GUIDELINES 2020

Advanced Clinical Laboratory for Skills and Health Care Solution Inc.
January 13, 2021

CARING FOR CARERS: NURSING LEADERS RESPONDING TO THE CHALLENGE OF COVID-19

University of the Philippines Honor Society in Partnership with University of the Philippines – College of Nursing
September 24, 2020

MANAGING COVID-19 CASES IN APPROPRIATE SETTINGS PART 1 AND 2

United States Agency International Development (USAID)
July 23 – 24, 2020

FOCUSING ON NURSING PRACTICE DESPITE THE HEALTH CRISIS

Education and Culture Attache Embassy of the Republic of Indonesia in Manila, Philippines
July 16, 2020

BASIC LIFE SUPPORT (BLS)

Talavera General Hospital
Maetrang Kikay District, Talavera, Nueva Ecija
February 18, 2020

ADVANCE CARDIAC LIFE SUPPORT (ACLS)

CPR Pro Medical Training and Learning Institute
Maetrang Kikay District, Talavera, Nueva Ecija
November 14 – 15, 2019

STANDARD IN NURSING DOCUMENTATION

Dr. Paulino J. Garcia Memorial Research and Medical Center
Cabanatuan City, Nueva Ecija
August 31, 2019

GUIDELINES FOR AUDITING MANAGEMENT SYSTEM ISO 19011:2018

Talavera General Hospital
Maetrang Kikay District, Talavera, Nueva Ecija
December 7, 2018

THE 7 HABITS OF HIGHLY EFFECTIVE GOVERNMENT LEADERS

Department of Health – Regional Office III
4/F Ateneo De Manila University - Salcedo Campus, Makati City
October 9 – 11, 2018

TRAINING ON 2016 IMPLEMENTING RULES AND REGULATION OF THE REPUBLIC ACT 9184

Department of Health – Regional Office III
Camelot Hotel, Quezon City
March 21 – 23, 2018

LEADERSHIP AND MANAGEMENT FOR NURSE MANAGER IN CLINICAL NURSING PRACTICE

Department of Health – Regional Office III
March 13 – 15, 2018

NURSING SKILLS ENHANCEMENT COURSE

Fe Del Mundo (FDM) Training Center
Dr. Fdm Medical Arts Building, Quezon City
February 10 – 11, 2018

**INTERNAL QUALITY AUDITING COURSE ISO 19001:2011 (BEM-C
MANAGEMENT AND CONSULTANCY CO.)**

Dr. PJGMRMC - Talavera Extension Hospital
Maestrang Kikay District, Talavera, Nueva Ecija
October 12, 2017

PRIMARY CARE TRAINING ON ADULT CLIENT WITH HIV INFECTION

Department of Health – Regional Office III
Redd Manor Condotel, City of San Fernando, Pampanga
September 4 – 8, 2017

HEALTH RESEARCH MODULAR TRAINING COURSE

Department of Health – Regional Office III
Subic Bay Travelers Hotel, SBMA
June 2015 – December 2016

INTRAVENOUS THERAPY TRAINING

ASSOCIATION OF NURSING SERVICE ADMINISTRATORS OF THE
PHILIPPINES, INC.
Ramos General Hospital Function Room, Ligtasan, Tarlac City
May 19 – 21, 2014

REFERENCES

Name: MAUREEN V. TEMPLO, RN, MAN

Position: Nurse VI (Chief Nurse)

Company / Address: Talavera General Hospital, Maestrang Kikay District, Talavera, Nueva Ecija, 3114

Contact No: +639176542402

Name: SHERYL T. DE JESUS, MPA

Position: Supervising Administrative Officer V

Company / Address: Talavera General Hospital, Maestrang Kikay District, Talavera, Nueva Ecija, 3114

Contact No: +639171402433

Name: CRYSTAL GRACE DG. BAGASAO, MBA

Position: Administrative Officer V (HRMO)

Company / Address: Talavera General Hospital, Maestrang Kikay District, Talavera, Nueva Ecija, 3114

Contact No: +639771946626