Ludy Gretchen May A. Chiong

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OBJECTIVE

To be able to excel abroad in an institution that will allow me to apply my decades of experience as a professional healthcare provider.

PERSONAL INFORMATION

Date of Birth	:	May 23, 1985
Age	:	35 years old
Civil Status	:	Single
Gender	:	Female
Nationality	:	Filipino

SKILLS EXPERTISE

- Trained on providing Basic Life Support (BLS), Advanced Cardiac Life Support (ACLS) and First Aid.
- Able to do Intravenous Therapy, administer medications intravenously and intramuscularly.
- Able to operate certain apparatus in line with healthcare such as Mechanical Ventilator, Infusion Pump, Cardiac Monitor
- Able to dress wounds aseptically

Educational Background

Bachelor of Science in Nursing	Our Lady of Fatima University Mc Arthur Highway, Valenzuela city June 2003- March 2007
BSED- Methods of Teaching (18 UNITS)	Catanduanes College Virac Catanduanes June 2015- October 2015
Diploma in Public Administration	Catanduanes State Univeristy Calatagan, Virac Catanduanes June 2015 to 2017
Master in Public Administration	Catanduanes State Univeristy Calatagan, Virac Catanduanes June 2015 to 2019
Personal Support Worker	PinoyWish Training Center Pasig City March 2019 to March 2020

Accreditation and Licenses

Philippine Nursing Licensure Examination- PRC license- 0467158
Licensure Exam for Teacher- PRC License -1382041
Intravenous Therapy License – 08-025841

WORK EXPERIENCE

Staff Nurse-Emergency Room / Out-Patient Department/ Ward Area

Bato Maternity and Children Hospital
Bato Catanduanes- Philippines
February 15, 2016 to present

Job Responsibilities:

- Triage patients and ensure proper care is provided to them
- Perform initial assessment and refer patients to right doctors
- Treat minor injuries and administer vaccines and medications
- Read and explain the tests results to patients and further steps to taken
- Respond to emergency situations in the outpatient department as required
- Document provided nursing care for billing and clinic's record
- Administered medications, treated wounds, and monitored terminally-ill patients
- Observed patients and prepared charts on their progress
- Reported changes to concerned doctors in a timely manner
- Assisted surgeons and physicians in patient's operations and examinations
- Placed orders with the concerned department for medical supplies
- Conversed with patients' relatives and instructed them on home care
- Perform specialized, lifesaving treatments such as CPR, advanced cardiac life support
- Observe signs, symptoms and behaviors of patients and communicate issues to emergency room team.
- Perform specific patient tasks as assigned by Physician's written orders.
- Administer medications and physical treatments.
- Adhere to proper safety and sterilization protocols and techniques to ensure proper infection control.
- Provide clerical support and documentation for admissions, transfers and discharges.
- Manage logistics of mobile medical equipment such as diagnostic devices ECG equipment, Pulse Oximetry monitors.
- Gathers, collects, and records all pertinent health information of the patient and uploads it in the hospital's database.

Clinic Nurse - Bato Rural Health Unit

Bato Catanduanes, Philippines
January 2013- December 2013

Job Responsibilities:

- Clinic nurses provide patient care in medical clinics. In this role, the clinic nurse works closely with doctors, specialists, and other care providers to deliver short- and long-term care to patients.
- Promotes wellness and prevents illness through education and health teachings, provides comfort and care through its delicate nursing care interventions, and emphasizes curative and rehabilitative interventions through efficient, individualized approaches.
- Prevention of disease and help to promote community health and safety
- Design and implement health education campaigns and activities for disease prevention
- Provide information on local health programs and services that are available to improve access to care
- Aid patients from the moment they enter the clinic by collecting patient information, supporting patient evaluation, administering treatments and medications as needed, and educating patients.

Staff Nurse- Obstetric Ward - Eastern Bicol Medical Center

Virac Catanduanes, Philippines
July 8 2009- July 2010
Job responsibilities

- Provide pregnant women with physical exams to monitor the mother's and baby's health by checking vital signs like blood pressure and heart rate, performing ultrasounds, and checking the cervix for dilation and any potential problems.
- When in labor room, may work alongside physicians to coach the mother through contractions and guide her to deliver the baby.
- Respond to any emergencies and provide care to the newborn as soon as it's born, which includes weighing it and checking how well it breathes and maintain thermoregulation of the newborn
- Perform newborn care such as giving eye ointment, injecting Vitamin K and cord care.
- Help the mother through the initial recovery process and continues to monitor the baby's health. For example, if a mother needed an incision or had a cesarean section, then the nurse may check how the scars heal and provide bandages and dressings.
- Provide and advise the perianal hygiene especial if episiotomy is completed.
- Health teaching the importance and the benefits on Exclusive breastfeeding and demonstrate the proper technique on how to breastfeed the baby.
- Provide a nutritional diet list to recover a mother from stressful labor and birthing delivery.
- Educating patients on how to take care of themselves and their babies requires to offer coaching on topics like birth control, breastfeeding, and infant caretaking.

Seminars and Trainings

Trauma Case: Soft Tissue Injuries
Recognition of participation- American Safety & Health Institute
Legaspi City- July 29, 2019

Trauma: Caring of Soft-Tissue *I*njuries and Bleeding – In and Out Hospital Setting
Certificate of Attendance- Global Training Organization, Inc.
March 15-16 2019, Makati City

Basic Competency Training Course for Infectious Control Nurse –
Philippine Hospital Infectious Control Nurse Association-PHICNA-RITM Research Institute for Tropical Medicine
September 24-28, 2018

Advance Cardiac Life Support
Catanduanes Doctors Hospital, Inc.
Virac Catanduanes
January 12-18, 2017

Symposium of Ethics and Accountability in Public Administration
Catanduanes State University
Virac Catanduanes
August 30, 2016

Symposium on Stock Market Investment
Catanduanes State University
March 5, 2016

Certificate of Competency and Development
Department of Health- Bato Rural Unit

January 2, 2013 – December 31, 2013

Barangay Fire Brigade
Bato Fire Station
March14-16 2013

Recognition – Catanduanes International Association- 7th Medical Mission
Easter Bicol Medical Center
January 10-14/2010

Updates on Healthy lifestyle
Eastern Bicol Medical Center
November 24, 2010

Basic Intravenous Training Therapy
Martinez Memorial Hospital
June 10-12, 2008

Instructors Course in Home Nursing Heath Care
Philippine National Red Cross
May 19-30, 2008

Instructors course In First Aid and Basic Life Support
Philippine National Red Cross
April 21-26-28; May 03, 2008

Character References:

Mrs. Vilma V. Umlas
Bato Maternity and Children Hospital- Administrative Officer
09303998984

Mrs. Ellen Molina, RN
Bato Maternity and Children Hospital- Chief Nurse
09453577098

Mrs.Rowena Benavidez RM
Bato Maternity and Children Hospital- Midwife
09504103699