JASON M. ACUPAN

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PERSONAL INFORMATION

Age	:	40
Date of Birth	:	November 18, 1981
Civil Status	:	Married
Sex	:	Male
Citizenship	:	Filipino

Professional Experience

AUGUST 30, 2015 – 29 August 2022
Staff Nurse – Male Medical Ward
35 hours/week
Sultan Qaboos University Hospital
Al Khoud, Muscat 123
Oman

Sultan Qaboos University Hospital is a government institution with 500+ bed capacity and a teaching hospital situated in the center of Oman. It is Considered one of the leading hospitals in the Middle East, offering education, medical research, and tertiary medical care. ISO and Accreditation Canada International certified. Services included Surgery, Oral health, Ophthalmology, Obstetrics and Gynecology, Medicine, Hematology, Genetics, Family medicine and Public Health, Emergency Medicine, Child Health, Behavioral medicine, Anesthesia and Intensive Care.

Registered Nurse –Staff Nurse (Male Medical Ward)
26 Bed capacity (4 rooms as isolation rooms for contact and droplet precautions, 3 of these rooms are negative pressure rooms, 21 beds for non-isolated patients and 1 room with a 5 bed capacity for high dependency patient

Skills and responsibilities:

- Assess, plan, implement and evaluate care needs with team members.
- Full time 140 hours duty per rota or 35 hours/week
- Nurse-patient ratio 1:4 for morning shift, 1:5 ratio for afternoon and night shift
- Apply the knowledge of evidence based nursing practice.
- Participate in teaching and training activities where applicable.
- Comply with the standards of nursing practice and patient safety.
- Admission and discharge of patient
- Administration of blood and blood products
- Administer blood exchange-transfusion
- Administration of chemotherapeutic agents
- Administer parenteral nutrition (TPN and PPN), and intra lipids
- Nasogastric tube insertion
- Administer enteric feeding (oroenteric, nasoenteric, entorostomy)
- Intravenous therapy (peripheral, intermittent infusion devices)
- Central line and Peripherally instead central line (PICC) catheter care
- Medication administration (oral, enteral, parenteral, rectal, ophthalmic, otic, topical, PCA, nebulization, metered dose inhaler)
- Pressure ulcer management
- Ostomy care
- Urinary catheterization
- ECG
- Implement isolation precaution measures
- Assist in lumbar puncture, pleural tapping, bone marrow aspiration, ascitic tapping, wound debridement

- Care of patients with surgical drains (chest tube, pigtail, negative pressure wound therapy)

Cases cared for:

- Medical Cases: Hepatitis, Hypertension, ESRD, Chronic Kidney Disease, Cerebrovascular Accident, Diabetis Milletus, COPD, Rheumatism, , Bronchial asthma, Upper GI bleeding, Acute coronary syndrome, Transient Ischemic Attack, Sickle Cell Disease with Vaso occlusive crisis
- Oncology Cases: Acute Myeloid Leukemia (AML), Cholangiocarcinoma, Leukemia, Colon Cancer, Colorectal Cancer, Hepatocellular (Liver) Cancer, Lung Cancer
- Noninvasive mechanically ventilated patients
- Multi drug resistant Acinetobacter
- Cases requiring Isolation: Abscess draining, Clostridium difficile, noroviruses and other intestinal tract pathogens, Acute viral (acute hemorrhagic), Diphtheria pharyngeal, Diphtheria cutaneous, Rotavirus, Herpes zoster (varicella-zoster) (shingles), Influenza, Measles (rubeola), Carbapenem-resistant Enterobacteriaceae , Multidrug-resistant organisms, Mumps (infectious parotitis), Parvovirus, Pneumonia, Rubella (German measles), Severe acute respiratory syndrome (SARS), Smallpox, Streptococcal disease (group A streptococcus), Tuberculosis, Varicella Zoster, Viral hemorrhagic fevers.

Equipment Used:

- Cardiac monitor
- Pneumatic compression machine
- Non-invasive mechanical ventilator
- VAC machine
- CPR cart
- Infusion pump
- Syringe pump
- Defibrillator
- Feeding pump
- ECG
- Nebulizer
- PCA machine

July 2009-June 2011 / July 2012 – August 2015
Staff Nurse – Cardiology Ward
40 hours/week
Armed Forces of the Philippines Medical Center
V. Luna Avenue, Quezon City
Philippines.

Armed Forces of the Philippines Medical Center is a government institution with 1,200 bed capacity which provides comprehensive quality tertiary heath care services through consultation and treatment in all health care fields of specialty except organ transplant. It is Considered one of the biggest hospitals in the Philippines, offering career courses, residency, internship and in-service training to health service personnel. Provide disaster response teams in times of disasters and calamities. Philhealth accredited. Services included Surgery, Internal Medicine, Oral Health, Ophthalmology, Obstetrics and Gynecology, Oncology, Orthopedic, Emergency Medicine, Child Health, Behavioral medicine, Anesthesia and Intensive Care.

Registered Nurse –Staff Nurse (Cardiology Ward)
50 bed capacity ward (1 room which is 3 bed capacity for post-operative patient)

Skills and responsibilities:

- Work with interdisciplinary team to treat patient conditions.
- Provide wound catheter and IV care.
- Carry out diagnostic tests and evaluations.
- Completed patient needs assessments and development treatment plans.
- Full time 40 hours duty per week
- Nurse-patient ratio 1:15, daily case load 15 to 25 patients.

- Apply the knowledge of evidence based nursing practice.
- Respond quickly to emergencies and initiate life-saving responses.
- Identified and proactively addressed declining conditions.
- Collaborated with families to help patients make positive lifestyle changes.
- Examined assessed and treated wide range of cardiac patients.
- Monitored patient conditions documented changes and collaborated with physicians.
- Educated patients on conditions and home care options.
- Admission and discharge of patient
- Administration of blood and blood products
- Administer blood exchange-transfusion
- Administer parenteral nutrition (TPN and PPN)
- Nasogastric tube insertion
- Administer nasoenteric feeding
- Intravenous therapy (peripheral, intermittent infusion devices)
- Medication administration (oral, enteral, parenteral, rectal, vaginal, ophthalmic, otic, topical, nebulization, metered dose inhaler)
- Urinary catheterization
- Assist in lumbar puncture, pleural tapping and ascitic tapping
- Care of patients with surgical drains (Jackson-Pratt)

Cases cared for:

- Hypertension, Chest Pain, Unstable Angina, Coronary Artery Disease, Acute Coronary Syndrome, Cardiomyopathy, Valvular Disease like mitral valve regurgitation, tricuspid regurgitation and the like, SVT, Endocarditis, Myocardial Infarction, Ventricular Septal Defect.
- Post operative patient undergone CABG and Valve replacement.
- Other Medical disease like ESRD, Chronic Kidney Disease, Cerebrovascular Accident, Diabetis Milletus, COPD, Rheumatism, Bronchial asthma, Upper GI bleeding, Transient Ischemic Attack.
- mechanically ventilated patients.

Equipment Used:

- Cardiac monitor
- Mechanical ventilator
- Syringe pump
- Defibrillator
- Laryngoscope
- ECG
- Nebulizer
- Suction Machine

Registered Nurse –RN Resident / OJT (Medical Intensive Care Unit)
March 2009 – July 2009
8 bed capacity providing acute care for adult and geriatric critically ill medical patients. The multidisciplinary staff is highly collaborative and supportive, working together to achieve the best patient outcomes possible.

Skills and Responsibilities:

- Completed patient needs assessments and development treatment plans.
- Full time 40 hours duty per week
- Nurse-patient ratio 1:2, daily case load 3 to patients
- Assist in lumbar puncture, pleural tapping and ascitic tapping, intubation
- Responsible for continuous monitoring and assessment of assigned patients.
- Maintained and recorded accurate and detailed flowsheets of patient's condition.
- Reported any symptoms and changes in patient's condition.
- Consulted and coordinated with health care team members to assess, plan, implement and evaluate patient care plans in a dynamic critical care environment.
- Assisted with the insertion and dressing of central lines and TPN administration.

- Initiated admissions of new patients from the Emergency Department.
- Performed full assessments and provided total patient care
- Plan of Care in alignment with patient and family needs
- Administered medications via various routes and monitored patient for adverse effects
- Administration of blood and blood products
- Administer blood exchange-transfusion
- Administer parenteral nutrition (TPN and PPN)
- Nasogastric tube insertion
- Administer nasoenteric feeding
- Intravenous therapy (peripheral, intermittent infusion devices)
- Medication administration (oral, enteral, parenteral, rectal, vaginal, ophthalmic, otic, topical, nebulization, metered dose inhaler)
- Urinary catheterization

Cases cared for:

- Medical disorders and diseases like Myocardial infarction, signs of respiratory failure, pulmonary embolism, pneumonia, Septic shock, Cardiogenic shock, exacerbation of COPD and congestive heart failure, heavy GI bleeds
- mechanically ventilated patients.

Equipment Used:

- Cardiac monitor
- Mechanical ventilator
- Infusion pump
- CPR cart
- Feeding pump
- Syringe pump
- Defibrillator
- Laryngoscope
- ECG
- Nebulizer
- Suction Machine

Registered Nurse –RN Resident / OJT (Neurosurgery Ward)
August 2008 – March 2009
40 bed capacity (1 room with 4 beds allocated as neuro-surgery ICU) a medical specialty concerned with the prevention, diagnosis, surgical treatment, and rehabilitation of disorders which affect any portion of the nervous system including the brain, spinal cord, peripheral nerves, and extra-cranial cerebrovascular system

Skills and Responsibilities:

- Provided neurology nursing care to patients with nervous disorders
- Full time 40 hours duty per week
- Nurse-patient ratio 1:10, daily case load 10 to 15 patients.
- Administered therapeutic intervention to patients
- Monitored and reviewed spinal cord functions, Glasgow Coma Scale
- Record daily health status of patients and notified major changes
- Comforted patients with close monitoring and personal touch
- Apply sound clinical judgment in patient care monitoring patients and identifying neurological decline
- Improve patients' behavioral and cognitive abilities
- Administration of blood and blood products
- Administer blood exchange-transfusion
- Administer parenteral nutrition (TPN and PPN)
- Nasogastric tube insertion
- Administer nasoenteric feeding
- Intravenous therapy (peripheral, intermittent infusion devices)

- Medication administration (oral, enteral, parenteral, rectal, vaginal, ophthalmic, otic, topical, nebulization, metered dose inhaler)
- Urinary catheterization
- Wound dressing

Cases cared for:

- Ruptured aneurysm
- Stroke
- Motor vehicular accident
- Hydrocephalus
- Head trauma (brain hemorrhages, skull fractures, etc.)
- Spinal cord trauma
- Brain tumors

Equipment Used:

- Cardiac monitor
- Mechanical ventilator
- Infusion pump
- CPR cart
- Syringe pump
- Defibrillator
- ECG
- Nebulizer
- Laryngoscope
- Suction Machine

Administrative Aid III Nursing Education and Training Branch, Nursing Service Division
V Luna General Hospital, Armed Forces of the Philippines Medical Center
February 2003 – July 2009

Skills and Responsibilities:

- Assists in the orientation of Clinical Instructors and Student Affiliates by setting up the orientation equipment. Likewise, during In-Service trainings such as Registered Nurse Residency Training Program, Basic Intravenous Therapy Training, etc...
- Encodes/print-outs monthly accomplishment reports, training hand-outs/materials, monthly report of the status of the colleges of nursing.
- Attended to the needs and concerns of the Clinical Instructor and student affiliates.
- Helps in the conduction of qualifying examination and competency assessment examination to Registered Nurse Residency Training Program.
- Install drivers and programs to the computer such as MS office, printers and the like
- Set-ups necessary equipment during in-service training and seminars, such as multi-media projector, laptop, and the like
- Helps the instructor set-up their materials during in-service training such as interfacing their laptop to the multi-media projector.
- Canvasses prices of proposed training supplies and equipment
- Prepares cost estimate for procurement of training supplies and equipment

EDUCATION BACKGROUND

Bachelor of Science in Nursing
Our Lady of Fatima University
March 2007

Bachelor of Science in Computer Engineering
AMA Computer University
March 2002

CREDENTIALS

Philippine Nurse Licensure Examination 2008
PRC Board Rating 75.20

CERTIFICATIONS

IV Therapy Nurse
Sultan Qaboos University Hospital, Oman

Basic Life Support
Valid Until May 2024
American Heart Association

Advance Cardia Life Support
Valid Until May 2024
American Heart Association

Jason M. Acupan
Applicant Signature