



## ABOUT ME

Highly dedicated, hardworking, diligent, enthusiastic and well qualified Nurse offering proven clinical knowledge and with an exceptional record of in-home health care provision. Expertise in compassionate patient care and delivering nursing services while maintaining the code of ethics. Commended 10+ times for efficiency, compassion and problem-solving skills by preceptor. Well-organized and forward-thinking in managing patient needs



## EXPERIENCES

### Nurse I

Sinait Municipal Health Office, Sinait Ilocos Sur

July 2022- December 2022

- Administer COVID-19 vaccine while complying with all applicable federal state and local laws and regulation
- Monitor participants during the vaccination process and manage adverse reactions if necessary
- Do daily COVID-19 vaccine inventory
- Assists/ supervise in the implementation of COVID-19 prevention and control activities in the municipality
- Participates in the implementation of various projects/ programs and activities related to Maternal, Neonatal and Child health and nutrition
- Performs other duties related to delivery of health care services in the municipality

### Nurse Vaccinator

Department of Health, Brgy. Parian, San Fernando City La Union

May 2021-December 2021

February 2022- June 2022

- Prepare and administered the COVID-19 vaccine to suitably screened and consenting individuals according to vaccine administration protocol with proper knowledge, technology and equipment to provide the best possible care
- Prepare and submit daily accomplishment on vaccinated target eligibility population
- Monitor participants during the vaccination process and manage adverse reactions if necessary
- Do daily COVID-19 vaccine inventory
- Have empathy and a good manner, particularly when dealing with needle-phobic patients
- Good medical knowledge of vaccines, the processes and the science behind them particularly if you need to reassure vaccine-hesitant patients
- Good knowledge of potential adverse reactions and how to handle them
- Proper vaccine storage and handling practices

### Nurse Deployment Project

Department of Health, Brgy. Parian, San Fernando City La Union

September 2019- December 2019

September 2018- December 2018

- Assists in the implementation of various health programs of the local Government Unit in accordance with the program goals and objectives of the Department of Health and the health sector

### Staff Nurse

Ilocos Sur District Hospital- Sinait

January 2016- August 2018

- Assess, plans, deliver and evaluates nursing care using a holistic approach in Emergency Room, Out Patient Department, Medical Ward and Pediatric Ward
- Provide hands-on care to patients by administering medications, managing intravenous lines, observing and monitoring patients' conditions, maintaining records and communicating with doctor.
- Assisted physicians with procedures and treatment protocols and coordinating with other health care professionals for creating and evaluating customized care plans
- Provide instant care during medical emergencies
- Documents patient care services by charting in patient and department records
- Promotes and restores patients' health by completing the nursing process



# DESIREE REGUA INOVEJAS

## CONTACT

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## TRAINING PROGRAMS

### Basic Life Support

Provincial Health Office- Ilocos Sur  
December 06, 2022

### 13th Annual Continuing Medical Education Tour in Pulmonary

St. Luke's Institute of Pulmonary  
Medicine

September 29, 2018

### Positive Practice Environment

Philippine Nurses Association

April 08, 2018

### Advanced Cardiac Life Support

American Safety and Health Institute

February 17, 2018

February 18, 2018

### Basic Life Support

American Safety and Health Institute

February 17, 2018

## REFERENCES

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### **RENALYN R. LIVED, MD.**

BALLAIGUI, SINAIT, ILOCOS SUR

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### **BERNARDINO P. DEGRACIA III, MD.**

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### **HAZEL FABIENNE D. EUGENIO, RN.**

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### **Private Duty Nurse**

ASEANA HR CONSULTANTS PTE LTD (Singapore)

January 2012- December 2015

- Prepared care plan that addresses my patient strengths and weaknesses
- Provide care and companionship for individuals and families during periods of incapacitation, convalescence or family disruption
- Administer bedside and personal care to clients such as aid in ambulation, bathing, personal hygiene, and dressing and undressing
- Plan and prepare meals and special diets, and feed or assist in feeding clients
- Assess medical needs and monitor medications according to her medical care plan
- Assess, plans, implements, and evaluates individual patient care according to standards
- Transfer patient from bed to wheelchair, wheelchair to commode chair safely and comfortably



## EDUCATION

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### **University of Northern Philippines**

Bachelor of Science in Nursing

2006-2011

### **Sinait National High School**

2002 - 2006

### **Binacud Elementary School**

1996 - 2002