

## Charlotte Jennifer G. Arapoc

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**Address: 343, Zone 6, Caritan Norte, Tuguegarao City**

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**Skype ID: 09752438434**

**Date of Birth: February 16, 1987**



### Profile

Positive, confident and knowledgeable individual with deep knowledge of nursing practice and patient care management

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### Objective

Compassionate and exceptionally organized Registered Nurse with 2 years of professional experienced. Specialized in providing critical nursing care to adult patients at Medical Intensive Care Unit (ICU). Recognized for providing exceptional quality service, where patients experienced clinical excellence. A CLS and BCLS certified.

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### Education

**BACHELOR OF SCIENCE IN NURSING | JUNE 02, 2019**

University of Cagayan Valley

College Avenue, Tuguegarao City, Cagayan 3500

License no. |0920468| Expiry date: 02/16/22

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### Summary of Qualifications

- Completed 2346 hours ( RLE - Related Learning Experience )
- Successfully completed the competency requirements and number of cases as stipulated under the Philippine Nursing Curriculum pursuant to CMO No 14, S2009

#### **Delivery Room Cases**

- Actual delivery - 5
- Assisted delivery - 5
- Cord care - 5

#### **Operating room**

##### **Cases**

- Major case - 5
  - Minor case - 5
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## Skills & Abilities

- Excellent written and verbal communication skills
- Highly organized and efficient
- Ability to work independently and as a part of a team ● Proven leadership skills and ability to motivate.

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## Experience/s/ Affiliations

- Cagayan Valley Medical Center, Tuguegarao City
  - Tuguegarao City People's General Hospital, Tuguegarao City
  - City Health Office, Tuguegarao City
  - University of Cagayan Valley School Clinic, Tuguegarao City
  - Community, Bayo, Iguig, Cagayan
- Cagayan United Doctors Medical Center

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## Work Experience

Company: Cagayan Valley Medical Center

Position: Nurse 1 - Surgical Intensive Care Unit(SICU)

Address: Dalan na Pagayaya Carig Sur Tuguegarao City, 3500

Period: July 2021 at Present

Company: Cardinal Santos Medical Center

Position: Staff Nurse 1

Address: 10 Wilson, St. Greenhill's, San Juan City, Metro Manila, Philippines, 1502

Period: January 13, 2020 – April 06, 2021

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## Duties and Responsibilities

- Promote active patient and relative involvement in the development, delivery, and evaluation of health practice initiatives.
- Contribute to policy and practice changes arising from audits, complaints, and inspection visits
- Provides Provide effective leadership in directing nursing activities to ensure that standards and practices comply with hospital policies and procedures.
- Ensure that individual team members understand their roles in respect to care delivery.
- Ensure all staff receives a detailed handover at the start and finish of every shift.
- Perform clinical audit and interact with patients and visitors per shift and as deemed necessary.

- Helps in ensuring that the unit environment maximizes patients' safety by utilizing and implementing infection control practices and safety programs.
- Acts as a Charge Nurse for the shift.
- Perform the duties of a Staff Nurse when needed.
- Act as Head Nurse when designated.
- Ensure pleasant working conditions in the unit.
- Preserve and seek accreditation, licenses to new and existing organization through updates in nursing innovations, education, care, and research.
- Participates in quality improvement projects, research, in-service training programs, unit meetings, and committee functions as assigned.
- Conduct all of the above, consistent with the values, mission, philosophy and established standards of Cagayan United Doctors Medical Center.
- Promote active patient and relative involvement in the development, delivery, and evaluation of health practice initiatives.
- Contribute to policy and practice changes arising from audits, complaints, and inspection visits

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## Achievements

- Certified First Aid and Basic Life Support Provider (Red Cross)
  - Clinical Efficiency Award Recipient
  - Leadership Awardee
  - Community Service Awardee
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I hereby declare that the facts contain above are true and correct to the best of my knowledge

Charlotte Jennifer G. Arapoc

Name of Applicant

