



# Jeminah E. Espina

## Labor Room/Delivery Room/Essential Intrapartum and Newborn Care Nurse

jemespina@yahoo.com

## Work Experience

*Nurse 1 (Labor Room/Delivery Room Nurse)*

*Ospital ng Muntinlupa (Philippines)*

*October 2019 - Present*



- Monitors the patient's condition in the LR such as FHT, uterine contraction progress of labor or any untoward condition.
- Prepares and administers drug or other therapeutic methods prescribed and delegated by medical authority within the scope of her nursing function.
- Provides nursing care to mothers in labor, and maintains a clean, orderly and safe environment for the mother and newborn baby.
- Provides assistance to obstetrician during the second stage of labor.
- Sees to it that the resuscitation equipment and routine medicine are prepared and available at all times.

*(Essential Intrapartum and Newborn Care Nurse)*

- Attending births, measuring and weighing infants, caring for and monitoring the health of infants directly after birth, and educating new parents about breastfeeding and the care of their child.
- Apply knowledge and nursing judgment in providing patients care to postpartum mothers and newborns.
- Ensure quality provision of time-bounded interventions and non-immediate intervention for newborn babies.
- Knowledgeable and advocators of breastfeeding policies to patients, relatives and other health personnel's.
- Reviewing appropriate newborn care issues with parents discharge and assuring designed follow up check ups.
- Reports and records observations symptoms and pertinent information to physician and appropriate nursing personnel.
- Ensures competent nursing interventions for patients emergent critical conditions.

*Sales Representative (Cleaning And First Aid) and Logistic/Dispatcher*

*The Perfect Help Group (Dubai, UAE)*

*July 2016 - April 2019*

- Assist customers for required cleaning service and first aid training needs. Arrange individual schedule and request and instructions for client.
- Resolving client concerns and feedbacks.
- Schedule cleaners to assigned drivers to different customers.
- Responsible for keeping records, monitoring driver daily logs for errors or violations and monitoring drivers' working hours and gas consumption
- Arranging and fixing of cleaners schedule based on the customers' request.



*Sales Support Professional/ Customer Service Representative  
Convergys Philippines Services Corporation/Stream Global Services  
September 2011 - May 2016*

- Do incoming and outgoing calls to prospective and current customers.
- Responsible for entering details of incoming orders on a computer system, checking that product numbers, discounts and prices are accurate.
- Update customer records and communicate details of orders, inquiries and deliveries to representatives and sales managers.
- Handles making, changing, cancelling and confirming orders.

#### **Relevant Skills & Specialization**

- Observational and Communication Skills
- Provides patient safety and well-being.
- Technical Skills.
- Proficient in verbal and written English.

## **Education History**



Tertiary: Academic Year 2006-2010  
Bachelor of Science in Nursing  
Adamson University  
San Marcelino St. Ermita Manila

Secondary: Academic Year 2001-2005  
Pasay City East Highschool  
E. Rodriguez St., Pasay City

## **Volunteer Work, Seminar**

Volunteer Nurse (3 months)  
Pasay City General Hospital (Philippines)  
2010

Mother and Child Nurses Association of the Philippines, Inc.  
(Johnson and Johnson Institute)  
Jan 2020

- Participation of Optimal Infant Skin Care
- Optimal Oral Health in the Community
- Screening and Monitoring of Gestational Diabetes
- Optimal Wound Closure

New Born Screening Convention  
By UP Manila (via Zoom Online)  
October 2022