



**MARY GRACE QUIAMBAO**

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**WORK EXPERIENCES:**

Duration	Organization	Position Title
February 1,2022-present	VITALZONE HOME HEALTHCARE CENTER LLC	Nursing Supervisor
Area Of Assignment	Dubai	

- + Overseeing all nurses and their activities in the residential facility or hospital
- + Managing and rotating schedules
- + Assessing nurse performance
- + Conducting workshops and refresher courses for the nurses
- + Planning and assisting with the routines for pediatric and elderly care
- + Providing management with feedback regarding nurse's performance
- + Developing strategies to optimize procedures
- + Scheduling training sessions
- + Organizing nursing programs
- + Developing policies and procedures
- + Making daily assessments of priorities and emergencies

Duration	Organization	Position Title
January 2021 to December 2021	Penngrove Shangrila and Napa SOnoma Quality Care	Home Health
Area Of Assignment	1765 Weiss Lane, Penngrove, California 94951 4990 Filament St, Rohnert Park, California	

- + Serving as companion to clients
- + Managing Medication
- + Preparing Meals
- + Interpersonal Skills, including exceptional patience and listening skills
- + Helping patients complete personal care tasks like bathing, dressing, eating and grooming
- + Following the patients prescribed healthcare plan.

**CERTIFICATES:**

First Aid and CPR  
Elderly and Dependent Adult Abuse  
HIV AIDS Infectious Disease with TB  
Hospice Care  
LGBT  
Medication Training

Dementia  
 Physical Limitations and Needs of Elderly  
 Personal Care Services  
 Postural Support and Restraints and Restricted Health Conditions  
 Psychosocial Needs

Duration	Organization	Position Title
February 2019 to July 2020	ARAMED	Product Specialist
Area Of Assignment	Dubai, Abu Dhabi, Sharjah	

- + Conducting thorough market research, which may include taking surveys, doing desktop research, sending emails and making calls, and even attending product launches
- + Visiting doctors, clinics, medical centers and hospitals for promoting aesthetic devices
- + Answering all product-related questions in a polite manner and addressing queries promptly.
- + Collaborating and strategizing with the business and engineering teams.
- + Attending workshops and refresher courses in sales and marketing.
- + Planning and assisting with new product releases and events.
- + Performing product demonstrations for customers, staff, and other stakeholders.
- + Assisting with the development of business plans.
- + Scheduling training sessions and attending meetings as required.
- + Identifying new market opportunities and relaying this information to the Manager and other relevant stakeholders.
- + Making helpful product recommendations and suggestions to increase revenue.

Duration	Organization	Position Title
March 2017 to January 2019	Sportsmania LLC P.O. Box 7400, DUBAI, U.A.E	Operations Manager/EMS trainer
Area Of Assignment	Fitness Studio	

- + Create EMS programs for client
- + Complete coaching sessions
- + Track all sessions in the Front Desk System
- + Providing personal training sessions using EMS device (electro-muscle stimulation) at the standards
- + Control and monitor EMS fitness program for each client
- + Assist management with communication between management and clientele.
- + Became Master Trainer for EMS (XBODY Certification)

Duration	Organization	Position Title
Aug 2014 to Jan 2017	BURJEEL HOSPITAL Abu Dhabi, U.A.E	Marketing Executive
Area Of Assignment	Marketing Department	

- + Conceive and develop efficient and intuitive marketing strategies
- + Organize and oversee below the line marketing, exhibitions and promotional events
- + Conduct market research and analysis to evaluate trends, brand awareness and competition ventures
- + Initiate and control surveys to assess customer requirements and dedication
- + Write copy for diverse marketing distributions (brochures, promotional SMS, collaterals etc.)
- + Maintain relationships with media vendors and publishers to ensure collaboration in promotional activities

- ✦ Monitor progress of campaigns using various metrics and submit reports of performance
- ✦ Collaborate with managers in preparing budgets and monitoring expenses

Duration	Organization	Position Title
July 2012- July 2014	BURJEEL HOSPITAL Abu Dhabi, U.A.E	Exercise Specialist
Area Of Assignment	Wellness Department	

- ✦ Exercise specialists evaluate the needs of new clients, create choreographed exercise programs for them and monitor their weekly progress.
- ✦ Instruct individuals and groups how to execute cardiovascular exercises efficiently, use weight lifting equipment safely and provide advice about nutrition and weight control issues.
- ✦ Perform sales duties
- ✦ Staff the front desk.
- ✦ Conduct new client tours, write marketing materials and supervise less-experienced colleagues.

Duration	Organization	Position Title
June 20 2010 to June 2012	Sister's Beauty Lounge Abu Dhabi UAE	Aesthetician/Slimming Body Consultant
Area Of Assignment	Spa	

- ✦ Interview clients to determine of an illnesses or medical conditions that they may have which will keep them from taking proper benefit from massage treatments.
- ✦ Maintain a constructive attitude and add toward a quality work environment.
- ✦ Uphold the standards of hygiene and sterilization as directed by law and the spa's policies and procedures
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- ✦ Keep documentation and maintain clients files
- ✦ Acknowledge and respond to relevant customer queries, needs and expectations
- ✦ Suggest and promote retail products or additional services
- ✦ Apply best practices and be up to date with market trends

Duration	Organization	Position Title
August, 2007 to September 2009	DIOSDADO MACAPAGAL MEMORIAL HOSPITAL San Fernando, Pampanga , Philippines	Nurse
Area Of Assignment	Emergency Room, Medical Surgical Ward, Neonatal Care Unit	

- ✦ To provide medications and injections as prescribe by the doctor
- ✦ Administer Intravenous Fluids and oxygen, if required.
- ✦ Monitor Vital signs like BP, Temperature, and Pulse etc. and record it.
- ✦ Provide frequent patient evaluations including monitoring vital signs and perform essential procedures.
- ✦ Refer any changes in patient's status or untoward reaction to the doctor.
- ✦ Monitor, analyses and record urine and stool output.
- ✦ Analyze test results from various departments and record it properly.
- ✦ Assist doctor during treatment.

- ✦ Prepare the patient for various investigations like Ultra Sound, Echo, CT scan, MRI, Endoscopy, etc.
- ✦ Provide general nursing care to all patients.
- ✦ Educate patient and family about the disease and prognosis of the patient.
- ✦ Participate in service RN nurse education programmes conduct by the hospital.

**EDUCATIONAL BACKGROUND**

Tertiary	NAME OF SCHOOL/ UNIVERSITY	PLACE OF SCHOOL/ UNIVERSITY	YEAR PASSING
Bachelor of Science in Nursing	Pines City Colleges	Magsaysay Avenue Baguio City, Philippines	2002-2006
Secondary Education	Holy Cross College	Sta. Ana Pampanga, Philippines	1995-1999
Elementary Education	St. Scholastica's Academy	San Fernando Pampanga, Philippines	1989-1995

**REFERENCES**

Excellent references available on request for the entire career record.