



# Annalyn Pacis Quiros

Registered Nurse



## Professional Summary

Organized and dependable candidate successful at managing multiple priorities with a positive attitude. A reliable employee seeking Registered Nurse position with a willingness to take on added responsibilities to meet team goals and seeking to maintain full-time position that offers professional challenges utilizing interpersonal skills, excellent time management and problem-solving skills. Enthusiastic Registered Nurse eager to contribute to team success through hard work, attention to detail and excellent organizational skills. Motivated to learn, grow and excel in Nursing. Skilled in working under pressure and adapting to new situations and challenges to best enhance the organizational brand. Hardworking, flexible and passionate job seeker with strong organizational skills eager to secure entry-level nurse position. Ready to help team achieve company goals.



## Work History

2017-11 -  
2022-04

### Dental Nurse

Specialized Dental and Implant Clinic, JEDDAH

- Assisted dentists by passing instruments, suctioning intraoral fluids, adding water and mixing materials for fillings, casts and impressions.
- Prepared and arranged instruments, medications and required materials for dental procedures.
- Maintained dental supply inventory by checking stock to determine inventory levels and placing and expediting orders for supplies.



## Contact

### Address

Maysan, Valenzuela,  
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### Phone

+639065542632

### E-mail

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## Skills

Equipment sterilization



Excellent

Strong manual dexterity



Very Good

Infection control  
proficiency



Very Good

Treatment room cleanup



Very Good

Patient data gathering



Very Good

Data confidentiality  
measures



Excellent

Team collaboration



Very Good

- Sanitized trays, instruments and surfaces for clean dental office setting and patient safety.
- Cleaned and sanitized dental tools and equipment, straightened treatment rooms and restocked supplies to prep for next patient and maintain health and safety practices.
- Prepared rooms for patient treatment by cleaning and sterilizing tools and equipment and setting up x-ray machines.
- Took dental images following strict patient protection rules, applying lead aprons. Exposed, developed and mounted both intraoral and extraoral dental x-rays.
- Worked within applicable standards, policies and regulatory guidelines to promote safe working environment.

MS Office

●●●●●  
Very Good

Patient and family  
advocacy

●●●●●  
Very Good

Sanitation

●●●●●  
Very Good

Managing deadlines

●●●●●  
Very Good

Nursing care planning

●●●●●  
Very Good

Medication and IV  
administration

●●●●●  
Very Good

Wound Care

●●●●●  
Very Good

Direct Patient Care

●●●●●  
Very Good

2013-01 -  
2013-12

## Community Health Nurse

Rural Health, Burgos, Burgos, Pangasinan

- Responsible for monitoring health of community especially 4P's members
- Give health education to the community
- Assess patient vital signs and do home visit to ascertain health of the community
- Assess pregnant women for proper laboring techniques
- Assist doctor on infant delivery
- Assess and record newborn vital signs after birth
- Assist baby and mother for skin to skin contact immediately after birth
- Monitoring the health status of both the baby and the mother
- Checking the height and weight of infants who will take their vaccinations
- Perform health education to the community.
- Conducted individualized patient assessment to report patient's immediate condition or needs to care team leader.
- Performed treatments as ordered by physicians and documented actions.

- Facilitated medication management and monitored for side effects in collaboration with provider.
- Maintained confidentiality in matters related to patient, family and client facility staff.
- Attended educational workshops to maintain current competency and licensure in nursing specialty.
- Collaborated with other health-focused organizations and agencies to promote community health.
- Communicated with physicians and practitioners for patient care concerns to obtain orders and intervention protocols.
- Advocated for and strived to protect health, safety and rights of patient.
- Delivered high level of quality care to diverse populations while overseeing patient admission and triaging based on acuity and appropriate department admission.
- Evaluated patient histories, complaints and current symptoms.
- Strengthened training and nursing knowledge by taking part in continuing education programs and nursing workshops.
- Educated family members and caregivers on patient care instructions.
- Accurately documented treatment, medications and IVs administered, discharge instructions and follow-up care.



## Education

2012-03 -  
2012-03

### ● **Bachelor of Science: Nursing**

Our Lady of Fatima University - Valenzuela City

2008-03 -  
2008-03

### ● **High School Diploma**

Burgos National High School - Burgos Pangasinan



## Certifications

2012-08

● Registered Nurse

2012-09



Intravenous Therapy Training

2015-02



Basic Life Support Training