



# RYAN CONTRERAS MANALO

## APPLICANT

#34 Tizon St., Brgy. Poblacion, Sto. Tomas, Pampanga  
ryanmanalo538@gmail.com  
09284227643

### • EDUCATION •

#### **Technical Education and Skills Development Authority**

Pampanga  
Shielded Metal Arc Welding (SMAW)  
NC II  
December 2018

Shielded Metal Arc Welding (SMAW)  
NC I  
October 2018

Massage Therapy  
December 2007

#### **Computer Learning Center**

Guagua,  
Pampanga  
2006 - 2007

#### **Lubao National High School**

Lubao, Pampanga  
2001 - 2005

### • PROFESSIONAL EXPERIENCE •

#### **Welder/Smith | 2018 - 2022**

Reynaldo Lanuza Sr. Auto Repair Shop  
Brgy. San Vicente, Sto. Tomas, Pampanga

#### **Factory Worker | 2012 - 2016**

**Daehan Sangsa**  
South Korea

#### *Duties and Responsibilities:*

- operates machinery and ensures it works properly which is important in food preparation environments
- feeds products into the production line, possibly a conveyor line, such as in a canning factory
- monitors the machines
- raises any issues with the manager
- controls and adjusts machine settings, such as the speed
- maintain a clean workspace to uphold health and safety compliance
- possesses an in-depth knowledge of the products and materials
- ensures products quality
- keeps a record of any defective items

#### **Massage Therapist | 2007-2009**

#### **Home Spa**

Angeles City, Pampanga

#### *Duties and Responsibilities:*

- confers with clients about their medical histories and problems with stress or pain to determine how massage will be most helpful
- massages and kneads muscles and soft tissues of the body to provide treatment for medical conditions, injuries, or wellness maintenance
- performs other adjunctive therapies or treatment techniques in addition to massage

• PERSONAL INFORMATION •

**Age:** 30 years old  
**Birthdate:** 24 February 1988  
**Nationality:** Filipino  
**Gender:** Male  
**Religion:** Born Again Christian  
**Civil Status:** Married

• REFERENCES •

**Mr. Jevren Sibug**

Trainer/Owner, Home Spa  
Angeles City, Pampanga

**SP04 Renie Gapultos**

Police Officer, PNP Regional Office No. III  
Camp Olivas, City of San Fernando, Pampanga

**Ptr. Albert R. Musngi**

Church Pastor, Jesus Is Lord Church Sto. Tomas Chapter  
San Matias, Sto. Tomas, Pampanga  
09178604129

*I hereby declare that the above information is true and correct to the best of my knowledge and belief.*

**RYAN C. MANALO**

Applicant