Cherelyn P. Mamza

CAREER OBJECTIVE

To work in Canada as a **Caregiver** where I can use my 3 years of work experience in caring for seniors, adults and children.

WORK EXPERIENCES

Position:	Live in Private Caregiver
Case:	Severe Parkinson's Disease/Diabetic
Patient:	Atty. Marietta E. Eviota / Surigao City, Phils.
Year:	February 2021 – March 2022

Position:	Live Out Private Caregiver
Case:	Mild Stroke
Patient:	Mrs. Paz Go / Surigao City, Phils.
Year:	November 2016 – December 2018

Duties and Responsibilities

- Transport patient via wheelchair to and from bed and daily activities.
- Taking blood sugar level and Injecting insulin.
- Take patient vital signs like temperature, pulse rate, Blood pressure and respiratory rate.
- Ensure patient comfort and safety at all times.
- Assisting patient for feeding, walking outside.
- Doing perennial care two times a day.
- Prepare and serve nutritious meals.
- Administer medication with strict adherence to doctors order.
- Cleaning area, changing beddings once a week
- Do laundry and Ironing

SKILLS

- Well versed in cooking and serving nutritious meals.
- Prescription medication management.
- Ability to keep up with a daily routine.
- Tactfully and politely deal with the harsh attitude of the elderly.
- Patient Communication / Active Listener

CONTACT

+639515153435

mamzacherelyn@gmail.com

P-6 Ouano, Alegria Surigao del Norte, Philippines, 8425

About Me

A dedicated and self-motivated individual
Offering a solid educational background
In caregiving, with extensive hands on training in homecare for 3 years. Reliable
And responsible. With strong multi-tasking abilities needing little supervision.

Looking for a position in the health care industry
An energetic person who is with strong communication and team work abilities.

PERSONAL INFORMATION

Date of Birth	- June 13, 1991 (31yrs years old)
Gender	- Female
Nationality	- Filipino
Civil Status	- Married (with 3 children)
Languages	- English, Tagalog, Bisaya

EDUCATION

Caregiving NCII
Asian Caregiving Technology and Education Center
April/2016r – November/2016
Caloocan City

Bachelor of Science in Business Administration
Major in Financial Management
Golden Heritage Polytechnic College
Carmen, Cagayan de Oro City
June/2008 – March/2012

High School Diploma
Placer National High School
Magsaysay Placer Surigao del Norte

Trainings

- First Aid/ CPR
- Triage and transferring Techniques
- Vital Signs Assessment & common medical emergencies
- On the Job Training (for Elderly) Blessed Family Home Care Facility