Erick John Laurel

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PROFESSIONAL SUMMARY

Entry-level Head Cook with well-established knowledge of South East Asian and Asian Cuisine. Looking to bring further success to you respected organization by applying well-developed skill set and proactive demeanor.

WORK EXPERIENCE

Cook Jan 2000 - Present
MAD Chopsticks Asian Food Express • Subic Bay Freeport Zone Zambales,, Philippines

- Strong experience in preparing South East Asian and Asian cuisine
- Vast knowledge of crafting menu filled with Asian flavors
- Deep knowledge of equipments used in kitchen
- Profound knowledge about beverage varieties
- Good understanding of people management and gastronomy
- Familiarity with basics of computers and related software
- Ability to perform during busy periods and work stressed circumstances

EDUCATION

High School Jun 1996 - Apr 2000
Bagumbong National High School • JalaJala Rizal, Philippines

SKILLS

- Dish Preparation
- Kitchen Staff Management
- Culinary Techniques
- Culinary Trends
- Staff Supervision and Coordination
- Standard Compliance

AWARDS AND HONOURS

Fundamentals of Professional Cookery Training 2022

Preparing Cakes 2022

Preparing Meat Dishes 2022

Preparing Seafood Dishes 2022

Preparing Stocks, Sauces, and Soup 2022