

PAULO GOZUN PARAS

10103 Amapola st. San Isidro, Barangay Dau, Mabalacat City,
Pampanga PHILIPPINES 2010
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Email Address: paulo_silverback17@yahoo.com.ph



JOB DESCRIPTION SUMMARY:

Operation Safety Officer and Project Coordinator (JCBOLOS Construction Corporation)

June 27, 2016 to August 31, 2021

- Safety Officer in a construction firm
 - *BICP-PAMPANGA Project, Production and warehouse building, Pampanga Economic Zone, Angeles City, Pampanga*
 - *Kyouritsu Electronics Philippines Inc., Warehouse Extension Project, Light Industry and Science Park 2 Calamba City, Laguna*
 - *Kanepackage Philippine Inc., Warehouse Extension Project, Light Industry and Science Park 2 Calamba City, Laguna*
 - *Nidec Philippines Corp.(NCFL), Maintenance Contractor (Civil and structural, Electrical Installation and Maintenance, Mechanical and Plumbing) Laguna Technopark, Binan City, Laguna*
- Operations based safety officer.
- Ensures that all new workers and personnel will undertake Site Safety Orientation before start of work and abide to the company's safety program.
- Able to lead people and conduct safety meetings.
- Can work under pressure and on-call anytime.
- Working knowledge on estimations and quotation, General Work Plans and permit systems.
- Project planning and executions.
- Understanding in PEZA (Philippine Economic Zone Authority) Documentations.

Safety Officer (M.E.S. General Services)

July 17, 2013 to May 16, 2016

- Safety Officer in a construction firm
 - *Sewerage Treatment Plant, MDC Pittsburgh Project-Fairview Terraces, Fairview, Quezon City*
 - *Condominium Building Project, Marquee Residences Project, Angeles City, Pampanga*
- Monitors all hazardous and unsafe activities at the construction site.
- Able to lead people and conduct safety meetings.
- Conducts safety training and leads personnel towards good housekeeping practices.
- Performs safety audits and walk-through to ensure a safe workplace.

Health Safety and Environment Officer (Danieli Construction International, Kingdom of Saudi Arabia)

December 04, 2011 to December 05, 2012

- Safety Officer in a Steel Plant construction
 - *Al Rajhi Steel Plant Project, Jeddah, Kingdom of Saudi Arabia*
 - *Hadeed Long Product Expansion, Jubail, Kingdom of Saudi Arabia*
- Monitors all hazardous and unsafe activities at the construction site.
- Working knowledge about ISO Certifications (Health and Safety and Environment and Quality).
- Able to lead people and conduct safety meetings.
- Can work under pressure and on-call anytime.
- Able to work on night-shifts and reports any unsafe conditions to the Safety Supervisor/Manager.
- Ensures that all workers/personnel abides to the company's safety program.

Paper Machine Department (Trust International Paper Corporation)

February 09, 2004 to October 30, 2011

- **Roll Wrapping Machine Wrapper**
 - Assist in over-all roll wrapping machine activities.
 - Prepares KLB / Kraft needed for roll wrapping.
 - Reports to Roll Wrapping Machine Scale man and Paper Machine Foreman any hazardous activities or conditions.
 - Knowledgeable to duties and responsibilities of the Label man and Scale man.
 - Performs housekeeping and observes safety in his workplace.

- **Paper Machine Clothing Crew (Shutdown Crew)/Safety Deputy**
 - Spearheads on all paper machine clothing activities, changes and inventory.
 - He is mainly responsible for the preparation of all tools and equipment used for paper machine clothing replacements.
 - Act as 5S Housekeeping Deputy and (OHSAS) Safety Deputy of the department.
 - Reports to Team Leaders and Supervisors any hazardous activities or conditions.
 - On call anytime especially during unscheduled shutdowns and front-liners during paper machine clothing replacements.
 - Can work under pressure.
 - Able to operate mobile equipment (forklift and overhead crane).

- **Paper Machine Fourth Hand (Multi-skill Training)**
 - Assist the Third Hand (Winder Operator) in winder operation.
 - He is responsible for the loading of core tubes.
 - Encodes the finish paper rolls to LS10 system.
 - Has a working knowledge of a Winder Operator.
 - Reports to the Winder Operator and Supervisors any hazardous activities or conditions.
 - Able to operate the Overhead Crane.

- **Paper Machine Fifth Hand**
 - Assist both Fourth hand and Third hand in winder operations.
 - He is responsible in stamping of production numbers on finished rolls.
 - Has a working knowledge of the Paper Machine Fourth Hand.

- **Paper Machine Sixth Hand (Probationary to Regular)**
 - Assist the Paper Machine crew in over-all machine operation.
 - Assist the Back tender during reel turn-ups and slabs reject paper rolls for re-pulping.

- **Paper Machine Production Helper/Aid (Contractual)**
September 08, 2003 to February 04, 2004
 - Maintains the Paper Machine Department vicinity house keep.
 - Assist in over-all paper machine operation.

EDUCATIONAL BACKGROUND:

COLLEGE	:	Pampanga Agricultural College Bachelor of Science in Mathematics 1999-2003
HIGH SCHOOL	:	St. Mutien Marie High School 1995-1999
ELEMENTARY	:	Dau Central Elementary School 1989-1995

PERSONAL DATA:

Date of Birth : November 17, 1982
 Place of Birth : Angeles City, Pampanga
 Height : 5'7"
 Sex : Male
 Religion : Roman Catholic
 Nationality : Filipino
 Civil Status : Married
 Person to be contacted in case of emergency:
 Ms. Wilma N. Paras : +639452688387

TRAININGS/SEMINARS:

Date	Topic/Course Title
January 15, 2010	Lock-Out Tag-Out Seminar TOP-RIGID INDUSTRIAL Safety Supply, Inc. Trust International Paper Corporation
October 21, 2009	Environmental Safety Seminar (Oil and Chemical Spill Response Awareness Program) PETSS, INC. (Philippine Environmental and Technological Systems and Services, Inc.) Trust International Paper Corporation
October 07, 2009	TESDA Assessment (Mobile Equipment Operation, NC II) TESDA (Technical Education and Skills Development Authority) Trust International Paper Corporation
October 06, 2009	Safety Awareness Training for Managers and Supervisors Safety House, Inc. BWC-DOLE Trust International Paper Corporation
September 08, 2008- September 12, 2008	Basic Occupation Safety and Health Training Course (40hrs.) LABS PEAK Consulting and Training Services Trust International Paper Corporation
June 16, 2008- June 17, 2008	OHSAS 18001:2007 Awareness ECCI Training Services Trust International Paper Corporation
March 10, 2007	Basic TCM Forklift Operation PARAGON TRADING and SERVICES CORPORATION Trust International Paper Corporation
September 07, 2006- September 08, 2006	Fire Fighting Safety Seminar Safety Department, TIPCO Trust International Paper Corporation
July 12, 2006- July 13, 2006	OHSAS 18001 IHSA (Internal Health and Safety Audit) Workshop Technical Quality Management Department, TIPCO Trust International Paper Corporation
November 12, 2004	Basic Life Support Cardiopulmonary Resuscitation-Adult for Lay Rescuer Philippine National Red Cross Safety Services Trust International Paper Corporation
November 08, 2004- November 11, 2004	Standard First Aid Training Philippine National Red Cross Safety Services Trust International Paper Corporation
March 04, 2011- March 11, 2011	OSHA 30-Hrs Training Course, Cert. No. 34-600694362 Occupational Safety and Health Administration M. Hidayath C0055577, Certified OSHA Trainer Jubail, Kingdom of Saudi Arabia

Date

March 06, 2020

Topic/Course TitleElectrical Installation and Maintenance
National Certificate II (TESDA)
Rotary Club of Dau**CHARACTER REFERENCES:**

NAME	DESIGNATION/ CONTACT No.	COMPANY
Llenious Oliver Cadacio	Facilities Supervisor 09154183744	Nidec Philippines Corporation Laguna Technopark Biñan City, Laguna
Engr. Florencio Delimos	Project Engineer 09609105548	JCBOLOS Construction Corporation Taguig City

I hereby certify that the above information is true and correct to the best of my knowledge and belief.



PAULO GOZUN PARAS
Signature over Printed Name