

MY RLE (RELATED LEARNING EXPERIENCE)



**PRACTICUM REPORT
BY: USMAN ALI
BATCH 10 DRAGON FRUIT
(MARCH - JUNE 2022)**



WHAT IS A CAREGIVER?



- A caregiver is a person who tends to the needs or concerns of a person with short or long term limitations due to illness, injury or disability



10 ATTITUDE/QUALITIES OF A CAREGIVER/ HEALTH MANAGEMENT

1. PATIENCE – The most important quality we should





MISSION

**We Strive To be one of the
Significant Health Care
Organization Providing superior
Care coordination and high
quality health care services to
Continue our tradition of
charitable and compassionate
Care within the resources
Available**

VISION

**To provide a compassionate And
respectful environment for all
the member of our group.
Commit ourselves to support,
acknowledge and nurture one
Another, thereby creating and
Environment of mutual
respect, caring and unity.**

10 Attitude/ Quality of a caregiver/ Health Management

1. **Patience-** the most important quality we should have as a caregiver before doing this job. The ability to endure difficult circumstances.

2. **Cherry Demeanor-** having or showing a good mood or disposition. Demeanor involves your manner, your non-verbal emotional tone.. Always act with a purpose.

3. **Multitasking-** is the act of doing more than one than one thing at the same time, helps you save time.

4. **Being Able to Think Quickly-** inclined to make sensible decisions very quickly, especially in a dangerous or difficult situation.

5. **Punctual-** being on time.

6. **Willingness To Learn-** is a key behavior that helps us to get on in life, whether personally or professionally, simple put, it's being open to or seeking out, new experience, skills and information that improves our abilities and enjoyment.

7. **Being A Good Listener-** focusing on the person who' speaking, not to interrupt or respond but rather just to hear them out. Be open-minded too.

8. **Kindness And Empathy-** the ability to understand and share someone else's feelings, to the extent of imagining what the other person thinking or feeling, and of responding with care.

9. **Willingness To Go Extra Mile-** willing to make an effort to do or achieve something.

10. **Being Able To Take Responsibility-** a willingness to take full responsibility for their efforts, actions and results. A willingness to take ownership of every step along the way from training to the process.





Usman Ali

Profile

I am an experienced worker in different fields. I am a builder, a technician and a cook with at least 3 years on each job. My unique professional experience stems from years of providing excellent customer service, creative problem solving and building customer loyalty.

Contact

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Skills

Time Management



Problem Solving



Quick Learner



Communication



Work Experience

COOK

Rawsome Restaurant 2017-2022

- Attend to the client's orders and demands.
- Multitasker. Maintain a clean workstation compliant with food safety standards.

AIRCON TECHNICIAN

Daikin 2014-2017

- Responsible in installing, maintaining and repair of indoor air quality system.
- Maintained parts repair inventory and performed duties related to fixture.

Education Background

GUJRAT UNIVERSITY

- Bachelor of Science in Computer Science (Undergrad.)

MUKHTAR MADOL HIGH SCHOOL

- Graduated with honors.

ACKNOWLEDGE

THE COMPLETION OF THIS UNDERTAKING COULD NOT HAVE BEEN POSSIBLE WITHOUT THE PARTICIPANTS AND ASSISTANCE OF SO MANY PEOPLE WHOSE NAMES MAY NOT ALL BE ENUMERATED. THEIR CONTRIBUTIONS ARE SINCERELY APPRECIATED AND GRATEFULLY ACKNOWLEDGED. HOWEVER, I WOULD LIKE TO EXPRESS MY DEEP APPRECIATION AND INDEBTEDNESS PARTICULARLY TO THE FOLLOWING :

SPECIAL THANKS TO OUR TEACHER MR ANDY BERGONIA AND MY CLASS MATES FOR THEIR SUPPORT, KIND AND UNDERSTANDING SPIRIT DURING OUR CASE PRESENTATION.

TO ALL MY FRIENDS AND NCMA FAMILY WHO IN ONE WAY OR ANOTHER SHARED THEIR SUPPORT EITHER MORALLY, FINANCIALLY AND PHYSICALLY, THANK YOU.

ABOVE ALL, TO THE GREAT ALMIGHTY, THE AUTHOR OF KNOWLEDGE AND WISDOM, FOR HIS COUNTLESS LOVE. THANK YOU.