



MARICEL C. GONZALES | Cook

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5480 Boyle St. Brgy. Palanan, Makati City, 1235, Philippines

SKILLS

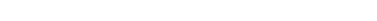
Ability to Work Under Pressure



Ability to Work in a Team



Communication Skills



Knowledge of Food



Kitchen Management



Food Service



Creativity and Innovation



Safe Food Handling & Sanitation



LANGUAGE

English



Spanish



HOBBIES

Painting, Travelling, and Reading

OBJECTIVE

To secure a position as cook at one of the most exceptional food service establishment .

EMPLOYMENT HISTORY

LINE COOK, WOLFGANG STEAKHOUSE, PHILIPPINES

OCTOBER 2021 TO DECEMBER 2021

- Worked as Line-Cook-Saute Trainee in a busy American Steakhouse in one of the leading Steakhouse in the Philippines
- Followed recipes closely and served food per restaurant serving guidelines
- Safely stored food items and kept inventories.
- Performed food as needed and labeled all prepped items.

ASSISTANT COOK, VIVIENDA RESIDENCE, RIYADH SAUDI ARABIA

JULY 2019 TO JULY 2021

- Prepared my station before the start of service each day.
- Ensured that all needed supplies were present before work.
- Worked effectively with all kitchen personnel to promote a happy working environment.
- Worked with regards to Food Safety Regulations.

LINE COOK, CHAPLIN ISRAELI RESTAURANT, MAKATI CITY PHILIPPINES

JULY 2017 TO DECEMBER 2019

- Assisted with food preparations before service,
- Made sure food at my station was ready before it is needed,
- Handled food with cleanliness and care
- Cleaned kitchen and organized cooking utensils
- Worked with other restaurant staff to ensure success

FAMILY COOK, CANADIAN CITIZEN EXPAT, VIETNAM-PANAMA

JANUARY 2012 TO JULY 2016

- Prepared healthy and nutritious meals for children

CANTEEN MANAGER, WISEKIDS SCHOOL

JANUARY 2005 TO APRIL 2008

- In charge of budgeting, marketing, and planning daily meals for 500 students

INTERNSHIP

PASTRY STATION, Trainee

Luxent Hotel, Philippines

January 2017 to March 2017

EDUCATION

DIPLOMA IN CULINARY COOKING AND CULINARY ARTS

First Gourmet Academy, Philippines

July 2016 to July 2017

- Top Student

BACHELOR OF SCIENCE IN BUSINESS ADMINISTRATION

Major in Building and Property Management

University of Makati, Philippines

June 1999 to May 2003

PROFILE

Hardworking cook with several experiences working in fast-paced kitchens. I can easily work with everyone to ensure efficiency and customer satisfaction. Maintaining a clean cooking area is my strength in ensuring food safety.

REFERENCES

MATS LOO

Director, First Gourmet Academy

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