

FILMAR P. VINLUAN

Address: Zone 3 Sta Maria Norte Binalonan, Pangasinan

Zip Code: 2436 Philippines

Contact No: +63969 259 7288

Email Address: marvinluanfil00@gmail.com



OBJECTIVE:

Looking for a carer/caregiver position when I can bring into work my compassionate nature and caring skills for the betterment of the society.

SKILLS QUALIFICATION:

- Can easily follow instruction and protocol
- Able to therapeutically communicate to patients and establish rapport at all circumstances
- Strong and creature, flexible and resourceful leadership skills
- Hard working, diligent and doesn't easily give up
- Ability to work under pressure
- Experienced in checking blood pressure, pulse, respiration and temperature.
- Skilled in assisting patients with activities essential in their daily lines.
- Hands on experience in assisting patient in toileting, shower, drossing, bathing and maintaining their personal hygiene.

EMPLOYMENT HISTORY:

Private Caregiver/ Diabetic Patient
Urdaneta City, Pangasinan Philippines

- January 05, 2020 up to present
 - Assess daily needs of the patient
 - Assisting with personal care, bathing, grooming, dressing, and toiling
 - Basic food preparation, housekeeping, laundry, and other errands
 - Test blood sugar everyday
 - Give insulin shot and prepare medication
 - Dressing wound

Assistant Accounting/ Safety Officer
Rupertos Inland Resort
Binalonan, Pangasinan Philippines

- November 24, 2017 – December 30, 2019
 - Processing transaction, issuing check, and updating ledger, budgets ect.
 - Create and update expenses reports
 - Process reimbursement form
 - Prepare bank deposits

Private Caregiver/ Stroke Patient
Urdaneta City, Pangasinan Philippines

- September 01, 2011 – December 30, 2014
 - Assess daily needs of the patients
 - Assist patient every bath time
 - Cooked meals for the patient
 - Assist vital sign
 - Clean patient room daily, perform laundry task, and bed making
 - Engage in room (games, memory books)
 - Escort of appointment (checkup, physical therapy, hair salon, ect.)

Cashier

Rupertos Inland Resort
Binalonan, Pangasinan Philippines

- January 2010 – June 2011
 - Balances cash drawer beginning and ending
 - Discount purchases by redeeming coupons
 - Collect payments by accepting cash, check, or charge payments from customer
 - Provides a positive customer experience with fair, friendly, and courteous service.

EDUCATIONAL ATAINMENT:

Education	Course	Incisive Date	Name of School
Vocational	Caregiving NCII	August 2020 – April 2021	DTCC MMS Baguio City
Vocational	Housekeeping	September - November 2017	DTCC MMS Urdaneta City
Tertiary	Bachelor of Science in Nursing	S.Y. 2005 – 2009	Urdaneta City University

SEMINARS AND TRAINING ATTENDED

- Nursing Skills Enhancement program for caregivers
January 26, 27, 28, 2021
MMS DTCC – Baguio Branch
- First aid and Basic life Support CPR with AED Training
December 7 – 10 2020
Philippine Red Cross Training Center
Harrison Plaza, Baguio City

- Basic occupational and health training
May 20, 24, 2019
Ciudad Fernando Urdaneta City Pangasinan
- Hazard Analysis and control point (HACCP)
March 23, 2019
MMS Development Training Center

PERSONAL INFORMATION :

Nationality	:	Filipino
Gender	:	Female
Age	:	34 Years old
Marital Status	:	Single
Weight	:	125 pounds
Height	:	5'3
Birth of Place	:	Binalonan, Pangasinan, Philippines

CHARATER REFERENCES:

Filipino Lambaste
MMS – DTCC School Administrate
+639190073817

Jesus Legaspi
Rupertos Inland Resort OIC
+639230909448

Gemmalyn F. Molina
Urdaneta City, Pangasinan
+639958422737

I hereby certify that all the information stated above is true and correct to the best of my knowledge and belief.



FILMAR PALARIS VINLUAN
Applicant Signature