

## Taruc, Mark Lorenz Abela

BSN, R.N.



### PERSONAL PROFILE

An enthusiastic, focused and confident healthcare provider who is committed to professionalism, honesty and integrity. These core values have led to the acquisition of related and comprehensible experiences vital to his career. He is an adept and competent individual who is an advocate of the rights and the over-all well being of the patients under his care. He excels in various nursing disciplines including nursing assessment and documentation. During these trying times of the pandemic, he has been able to hone his skills in the prevention and management of this disease. It is also one of his many roles to provide contact tracing services to infected personnel in his current institution and provide relevant data analysis and reports on COVID-19 infections.

### CAREER HISTORY

*Corazon Locsin Montelibano Memorial Regional Hospital*  
*Infection Prevention and Control Nurse*

May 10, 2016 — November 30, 2021

***Infection Control Nurse / Lead Antimicrobial Stewardship Nurse***

Responsible for monitoring current hospital trends in infection related occurrences and in maintaining proper infection control practices throughout the institution

#### **Duties**

- Monitors practices of healthcare personnel regarding proper infection control practices
- Monitors waste segregation practices in the entire facility
- Conducts health education sessions regarding infection control guidelines to hospital staff
- Routinely educates patients and visitors regarding hospital policies and regulations with regards to infection control
- Develops plans and policies for infection control practices
- Assists personnel during the event of needle stick and splash related incidents
- Performs education to newly hired personnel and students regarding infection control guidelines
- Monitors for the occurrences of hospital acquired infections and other outbreaks in the facility
- Creates policies relevant to the proper practice of infection prevention and control
- Promotes and upholds standards according to the highest codes of practice.
- Is a hand hygiene champion
- Performs contact tracing to COVID-19 infected staff
- Collates and interprets relevant data on current COVID-19 infection rates
- Acts as a disease surveillance officer to gather pertinent data on reportable diseases

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## CAREER HISTORY

*South Bacolod General Hospital and Medical Center Inc.*  
*Operating Room/Recovery Room*  
October 2015—April 31, 2016

### **Recovery Room/Operating Room Nurse**

Responsible for managing and administering holistic patient care in an intra-operative setting and the maintenance of sterility within the surgical field as well as managing immediate post operative recovery of post surgical clients.

### **Duties**

- Maintains sterility within the surgical field
- Anticipates physician's instrumentation
- Monitors instrument and sponge counts in every surgical procedure
- Observes and responds to patient's emotional and spiritual needs
- Interprets to the patient and his significant others their roles in promoting successful therapy and rehabilitation
- Prepare clients for, and assist physicians with diagnostic and therapeutic procedures
- Performs aseptic and proper site preparation for every surgical procedure
- Administers and charts medications and document patient's reactions to medications
- Supervise junior nurses
- Promotes and upholds standards according to the highest codes of practice.
- Encodes items and other activities to the hospital computer for proper charging
- Maintains good relationships with other hospital personnel
- Documents accurately patient management
- Observes proper equipment care and maintenance are met
- Maintains cleanliness and orderliness of the patient's unit at all times
- Observers medical asepsis
- Assists anesthesiologists in the administration of anesthesia
- Interprets and practices hospital policies and procedures
- Manages and cares for critical care surgical patients

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## CAREER HISTORY

*Corazon Locsin Montelibano Memorial Regional Hospital  
General Surgery Department/Surgical Intensive Care Unit*  
**CHO Nurse, Staff Nurse**

Nov 2013 — January 2015

**RNHeals, Staff Nurse**

Nov 2011 — Dec 2012

Responsible for managing and administering holistic patient care in a specific area of assignment in a ward within accordance to hospital rules and patient handling policies

### **Duties**

- Plans, gives and evaluates nursing care
- Takes and records vital signs
- Performs proper and ideal nursing assessment and refers any observations to the attending physician
- Observes and responds to patient's emotional and spiritual needs
- Interprets to the patient and his significant others their roles in promoting successful therapy and rehabilitation
- Prepare clients for, and assist physicians with diagnostic and therapeutic procedures
- Performs special nursing procedures (i.e., irrigations, enemas, catheterizations)
- Administers and charts medications and document patient's reactions to medications
- Supervise junior nurses
- Promotes and upholds standards according to the highest codes of practice.
- Encodes items and other activities to the hospital computer for proper charging
- Maintains good relationships with other hospital personnel
- Documents accurately patient management
- Observes proper equipment care and maintenance are met
- Maintains cleanliness and orderliness of the patient's unit at all times
- Observers medical asepsis

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## CAREER HISTORY

*Corazon Locsin Montelibano Memorial Regional Hospital  
General Surgery Department/Surgical Intensive Care Unit*  
**Volunteer Nurse/Nurse Trainee**

May 2010 — Nov 2010, Dec 2010 — Nov 2011

Under the supervision of the senior staff nurse, independently managing and is responsible for the assigned patients within the designated area of assignment within a ward duly delegated by the head nurse. All hospital rules and policies are duly met.

### **Duties**

- Admits patients
- Performs such nursing activities such as bathing and oral hygiene
- Assist in the mobility and proper body alignment of the patient
- Reports observations to the physicians
- Answers patient's calls and deliver messages
- Assist physicians while examining patients
- Measures fluid intake and output
- Documents all medical interventions and activities
- Provide clean linen and bed make
- Gives direct nursing care
- Encodes services rendered to patients under the supervision of the staff
- Establish rapport to both patients and personnel
- Obtains nursing history
- Identifies subjective and objective problems of patients
- Formulates nursing care plan
- Carries out plan of care
- Conducts ward class to patients
- Maintains a therapeutic environment
- Evaluates effects of nursing care
- Notify immediate superiors of untoward situations
- Records assessment, interventions and evaluation of nursing care
- Demonstrates positive work behavior and professional values

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## AREAS OF EXPERTISE

### NURSING

- Provides efficient and meticulous nursing care
- Adept in conducting preoperative and post operative care to patients
- Maintains strict adherence to procedural methods
- Able to provide precise nursing assessment
- Performs various nursing and medical procedures while practicing proper hygiene and asepsis
- Delivers proper documentation of various patient responses to different procedures and medications
- Competent in providing the needs of critical surgical case patients
- Delivers first-class nursing care and maintains composure during emergency situations
- Capable of handling various trauma cases from neurosurgical cases
- Excels at insertion of intravenous catheters
- Is a champion in Antimicrobial Stewardship programs

### PERSONAL

- Works well with other members of the medical team
- Able to establish rapport to patients easily
- Able to maintain and provide strict confidentiality to all patients
- Provides general information, emotional support and assurance to patients
- Unpaved by various stressors during difficult situations
- Highly prizes the values of professionalism and cooperation
- Able to write reports and recommendations in an engaging and compelling way

## ACADEMIC QUALIFICATIONS

Licensed USRN  
NCLEX RN Examinations  
State of Texas  
April 2015

Board Passer  
Nursing Licensure Examinations  
Cebu City, Cebu  
June 2009

Graduate, Cum Laude  
Bachelor of Science in Nursing  
University of St. La Salle  
Bacolod City, Negros Occidental  
June 2005 — March 2009

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## TRAININGS

### **ISO 9001:2015 Risk Management Training**

Corazon Locsin Montelibano Memorial Regional Hospital  
Quality Management Systems  
Sept. 28, 2018

### **2nd Training Workshop on Philippine Antimicrobial Point Prevalence Survey**

Research Institute for Tropical Medicine  
Bellevue Hotel Manila  
September 5, 2018 to September 7, 2018

### **Basic Competency Training Course for Infection Control Nurses**

Philippine Hospital Infection Control Nurses Association, Inc.  
East Avenue Medical Center  
Feb. 13, 2017 to Feb. 17, 2017

### **Antimicrobial Stewardship Training for Level III Hospitals**

Department of Health -- Pharmaceutical Division  
Dec. 6, 2016 to Dec. 9, 2016

### **Qualitative Fit Testing Training**

3M Philippines  
Corazon Locsin Montelibano Memorial Regional Hospital  
Sept. 23, 2016

### **Basic WHONET 5.6 Training**

Research Institute for Tropical Medicine  
Corazon Locsin Montelibano Memorial Regional Hospital  
Aug. 4, 2016

## SEMINARS

### **Case Detection and Management of TB in Children**

Dr. Renilyn Reyes  
Aug. 24, 2013  
Philippine Nurses Association  
USLS Health Science Campus, Bacolod City  
Negros Occidental, Philippines 6100

### **Programmatic Management on Drug Resistant TB**

Dr. Alvin Jay P. Parreno  
Aug. 24, 2013  
Philippine Nurses Association  
USLS Health Science Campus, Bacolod City  
Negros Occidental, Philippines 6100

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## SEMINARS

### **Referral Network on PMDR-TB**

Lorna L. Garde, RN  
Aug. 24, 2013  
Philippine Nurses Association  
USLS Health Science Campus, Bacolod City  
Negros Occidental, Philippines 6100

### **Psychosocial Issues and Concerns Affecting the Practice of Mental Health-Psychiatric Nursing**

Merle L. Salvani, RN, PhD  
July 20, 2013  
Philippine Nurses Association  
USLS Health Science Campus, Bacolod City  
Negros Occidental, Philippines 6100

### **Mental Health Program of DOH**

Lorna L. Garde, RN  
July 20, 2013  
Philippine Nurses Association  
USLS Health Science Campus, Bacolod City  
Negros Occidental, Philippines 6100

### **Basic Principles and Updates on Hemodialysis**

Neil C. Sullesta, RN, MAN  
June 29, 2013  
Philippine Nurses Association  
PNA-NOC Building, Bacolod City  
Negros Occidental, Philippines 6100

### **Use of Alternative Medicines in Urinary Disorders**

Merle L. Salvani, RN, PhD  
June 29, 2013  
Philippine Nurses Association  
PNA-NOC Building, Bacolod City  
Negros Occidental, Philippines 6100

### **Enhancing Nurses with Crisis Intervention Stress Debriefing**

Victoria C. Rallos, RGC  
July 20, 2013  
Philippine Nurses Association  
USLS Health Science Campus, Bacolod City  
Negros Occidental, Philippines 6100

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## REFERENCES

Dr. Joan E. Cerrada  
ICC Chairperson  
Corazon Locsin Montelibano Memorial Regional Hospital  
Cellphone number — 09228827821

Mr. John Marz Richmond Pabalinas  
Nurse III  
Corazon Locsin Montelibano Memorial Regional Hospital  
Cellphone number — 09952722257

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