



# ANNA KRISTINE O. KAM

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Desired Position: ICU Staff Nurse/ Medical- Surgical Ward

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## **PERSONAL BACKGROUND**

Address: Falaj Shara, Rustaq, South Batinah, Sultanate of Oman

Mobile No.: +968-99356007

Email Address: annakristinekam@gmail.com

Age: 38 years old

Date of Birth: December 27, 1982

Gender: Female

Civil Status: Married

Nationality: Filipino

Religion: Roman Catholic

Permanent Residence: Dalanghita St. Bilog Balangkas Valenzuela City, Philippines

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## **EDUCATIONAL BACKGROUND**

### **Elementary**

School Graduated: Duero Central Elementary School

Year Graduated: 1996

### **Secondary**

School Graduated: Colegio de San Pascual Baylon

Year Graduated: 2000

### **Tertiary**

Field of Study: Nursing

Course: Bachelor of Science in Nursing

School/University: Emilio Aguinaldo College

Location: Ermita Manila

Date Graduated: April 2005

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## **LICENSURE TAKEN**

- **National Licensure Examination for Nurses**  
Registration No.: 0374999  
Registration Date: August 04, 2005

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## **TRAININGS ATTENDED/ AND SEMINARS CERTIFICATIONS**

- **Wound Management and Stoma Care Program**  
Rustaq Hospital, Al Rustaq, Sultanate of Oman  
May 6-7, 2015
- **Ambulance, Crash Cart and Safe Handling Training**  
Rustaq Hospital, Al Rustaq, Sultanate of Oman  
April 26-27, 2015
- **Pain Management**  
Rustaq Hospital, Al Rustaq, Sultanate of Oman  
October 28-29, 2014
- **IV Therapy Course**  
Rustaq Hospital, Al Rustaq, Sultanate of Oman  
September 2-4, 2014
- **Basic Life Support**  
Rustaq Hospital, Al Rustaq, Sultanate of Oman  
August 18, 2019
- **Advanced Cardiac Life Support (ACLS) For BSNs, Nurses and Healthcare Professionals:** Bundled with: Basic Life Support, Cardiovascular Pharmacology, Airway Management and Rapid Cardiac Rhythm Analysis. Al Rustaq Sultanate of Oman  
July 6-7, 2019

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## **EXPERIENCES:**

- ❖ Staff Nurse ( Oncology, Medical/Surgical ) at Chinese General Hospital and Medical Center ( Nov. 01, 2005- June 30 2011)
- ❖ ICU Nurse at RUSTaq General Hospital Ministry of Health), Oman, Sultanate of Oman (July 26, 2011- Present)

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## Job description:

### Intensive Care Unit

- Receives and admits the patient and checks the clearance and consent for ICU admission at the chart.
- Attaches the patient to necessary medical equipment and assesses the condition of patient and refer to HCP any signs and symptoms noted.
- Carries out physician's orders.
- Does morning care of patient like bed bath and oral care, changes gown, linen and bedside supplies and do trachea care if patient has tracheostomy.
- Does bedside care of patient before endorsement like suction secretion and dressing as needed of patient or as ordered, changes diaper and linen if necessary, changes suction catheters and sterile water bottles and drains suction bottles and urine bags.
- Records urine output and vital signs every hour at the flow chart less than one hour monitoring of vital signs will be recorded at monitoring sheet.
- Doing IV reinsertions every three days for bottle to needle replacement, foley catheter reinsertion once a week and endotracheal tube rotation every week.
- Augments/ Floats to emergency department or any wards if needed.
- Does cardiopulmonary resuscitation and administer emergency drugs for patient in cardiac arrest.
- Takes part in ambulance escorts/transfers as part of duty hours.
- Does post mortem care after HCP has pronounced the patient as dead and informs the chaplain section for blessing of the body or ask family members for the preferred rituals for taking care of the dead body.

### Medical- surgical ward

- Receive and admit patients from other departments.
- Attach patients to necessary medical equipment as needed and assess them cephalocaudal and refer any unusual signs and symptoms noted to HCP.
- Do rounds with HCP and carry out their orders.
- Check vital signs and record them accordingly.
- Initiates IV insertion, IVF and insert foleys catheter as ordered.
- Do routine nursing routines.
- Administer prescribed medications to patients.

- Administer blood products, monitor patients before, during and after blood transfusions. Refer patients immediately to HCP if any blood transfusion reactions noted.
- Prepare patient pre-operative before admitting or shifting to OR room.
- Perform CPR for patients who experience cardiac arrest and admit them to ICU as needed.
- Do independent and dependent nursing actions.
- Collaborate and coordinates with other health care members in the care of the patients.
- Give health teachings to patients.
- Augments/ Floats to emergency department or any wards if needed.
- Takes part in ambulance escorts/transfers as part of duty hours.

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## REFERENCES :

FATIMA MOZA AL- BALUSHI  
HOD Nursing  
Rustaq General Hospital(Ministry of Health), Al Rustaq, Oman  
(+968-9145-7454)

SAKINA AL SIYABI  
ICU HEAD NURSE  
Rustaq General Hospital(Ministry of Health), Al Rustaq, Oman  
(+968-2687-5055)

I hereby certify that the above information are true and correct.

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