

JESSABELLE GALLARPE QUIRANTE

Bantayan, Lingayen, Pangasinan
0945-5972145 / quirantejessabelle@yahoo.com

SKILL HIGHLIGHTS

- Profound ability to take directions.
- Excellent physical condition and flexibility to work long shifts and overnight.
- Ability to complete multiple tasks in a fast-moving environment.
- Sincere person with high sense of responsibilities.

WORK EXPERIENCE

POSITION: CAREGIVER

- **Professional Caregivers Association of the Philippines** – 2nd fl B. Fernandez Bldg. 359 Perez Blvd, Dagupan City, Pangasinan

Duties and Responsibilities:

- Assess medical needs, prepare a care plan, assist with basic needs, provide companionship, help with housekeeping, monitor medications, assess your care plan regularly and prepare meals.

POSITION: CARETAKER

- **Silvery Christian Academy Inc.** – Bantayan, Lingayen, Pangasinan
June 2015 – 2020

Duties and Responsibilities:

- Wipe, polish, dusting of designated areas. Empty and clean bins.
- Clean of toilets and toilet areas and replenishment of paper towels, toilet rolls and other disposables.
- Straightening furniture and general tidying up of designated areas.

POSITION: ROOM ATTENDANT

- **El Puerto Marina Beach Resort and Vacation Club**
Don Martin, Domingo St., Pangapisan North, Lingayen, Pangasinan
November – December, 2012
- **President Hotel**, Capitol Park, Maramba Blvd., Lingayen, Pangasinan
July – October, 2014

Duties and Responsibilities:

- Clean all assigned guestrooms including: dusting, making beds, soiled linen removal from rooms and retrieval of clean linen from linen closets, vacuuming, bathroom cleaning, inside window cleaning, replenish rooms with supplies.

POSITION: SERVICE CREW

- **Ricafort – Tee Pavilion & Catering Services** - NRSCC, Lingayen, Pangasinan - March, 2014

Duties and Responsibilities:

- Provide excellent customer service to ensure satisfaction.
- Serve and pack warm foods to clients in an effective manner and in strict accordance to the orders of such clients.

I hereby declare that the furnished information is correct up to my knowledge and bear the responsibility for the correctness of the mentioned particulars.

CAREER OBJECTIVE

To obtain a challenging position in my industry where I will be able to continue to gain experiences, learn new things and develop my skills and knowledge.

PERSONAL INFORMATION

Date of Birth : December 2, 1990
Gender : Female
Height : 5'3 ft.
Weight : 57 kg
Nationality : Filipino
Civil Status : Single
Languages : Filipino, English, Nihonggo
Passport : P5433180B

EDUCATIONAL HISTORY

Caregiving NC II Training (January – September, 2021)
OBC LEARNING AND ASSESSMENT CENTER,
PHILIPPINES, INC., Lingayen, Pangasinan

AMO – Online Japanese Beginner Course
FFV Online Tutorial Services
Olongapo City, Philippines

Electrical Installation and Maintenance NC II / III (2020) TESDA – PTC, Lingayen, Pangasinan

Shielded Metal Arc Welding/Gas Tungsten Arc Welding NC II (2018 – 2019)
TESDA – PTC, Lingayen, Pangasinan

Hotel Management (Housekeeping / Food Beverage) (2013 – 2015)
British College International,
Dagupan City, Pangasinan

Alternative Learning System (2012)
Cntral School, Lingayen, Pangasinan

Lun Padidu Malapatan Sarangani
(1996 – 2001) Lun Masla Malapatan,
Sarangani

CHARACTER REFERENCES

DOREEN F. PEREDA, *Supply Officer*
TESDA – PTC, Lingayen, Pangasinan
0995-9402311

GINAFE A. GALARPE
OIC – Administrator
Silvery Christian Academy Inc. (SCAI)
0906-6147270

JESSABELLE GALLARPE QUIRANTE
Applicant