



PHYSICAL THERAPY GRADUATE

ANGELA JOY C. GARCIA

WORK EXPERIENCE

PART-TIME ESL TEACHER

51TALK | MAY 2021 - PRESENT

- Teaches English to Chinese students of different ages in a friendly, energetic, and creative manner through the use of TPR and gestures, teaching aids, and rewards.
- Instructs students on variety of skills such as reading, writing, speaking, listening, fluency, grammar, and vocabulary skills.
- Builds good rapport to the student.
- Offers proficiency in schedule plotting.
- Utilizes modern ESL lesson imparting techniques using lesson materials prepared by 51Talk.
- Conducts lesson memo on each student every after class.

PHYSICAL THERAPY STUDENT INTERN

PHILIPPINE ORTHOPEDIC CENTER | JAN 2020 - FEB 2020

- Was assigned in both in-patient and outpatient departments for a month per department.
- Gave the chance to participate in the rehabilitation of patients with Spinal Cord Injuries and Spine Injuries from either a musculoskeletal or neurological source.
- Let patients in Balanced Traction Skeletal Units participate in daily routine exercises to prevent further deterioration of physical function and health, as well as to prevent further immobilization.
- Multitasked in evaluating and treating patients as schedules were always fully loaded each day.
- Took both practical and theoretical examinations by the end of the month in raw with the experiences and skills learned from the stay in the facility.
- Assigned as an ST leader in the inpatient department.

COMMUNITY BASED REHABILITATION | DEC 2020

- Explored door-to-door locations of respective persons with disabilities and was tasked to treat in a timely manner.
 - Aimed by enhancing patient's quality of life via Community-Based Rehabilitation strategy.
 - Taught children with mental disorder such as ADHDs with good manners and right conduct, also enhanced their cognitive and physical skills through play and visual activities.
 - Gave positive feedback every time patient progresses with basis from the initial physical therapy evaluation.
 - Dealt with treating patients in limited amount of space and be wised enough to use alternatives in the instruments to be used.
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PERSONAL PROFILE

A motivated Physical Therapy Graduate who is familiar with examining and screening patients, educating individuals and families and maintaining thorough documentation.

A dedicated professional expert in administrative roles.

SKILLS

- Advanced computer skills
 - Excellent interpersonal and communication skills (oral and written)
 - Administrative works
 - Organized
 - Multitasking abilities
 - Detail-oriented and has hardworking nature
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EDUCATION HISTORY

Bachelor of Science in Physical Therapy

- Far Eastern University –Dr. Nicanor Reyes Medical Foundation
 - 2015–2020

High School Graduate

- School of the Holy Spirit of Q.C.
 - 2011–2015
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PHILIPPINE CHILDREN’S MEDICAL CENTER | OCT 2020 – NOV 2020

- Restocked facility supplies and set up treatment rooms.
- Implemented treatment interventions to support individual objectives in daily living, clinical, educational and vocational areas.
- Helped determine realistic treatment goals and adjusted steps based on patient progress.
- Administered tests to assess nature of disabilities and limits of function and personal capacities.
- Upheld safety of patients through all treatment protocols.
- Gathered and organized documentation for therapy staff.
- Reminded caregiver regarding proper handling, posture and body mechanics, performance of exercises, and importance of adherence to home exercise programs provided.
- Maintained excellent attendance record, consistently arriving to work on time.
- Devoted special emphasis to punctuality and worked to maintain outstanding attendance record, consistently arriving to work ready to start immediately.
- Withheld case presentations, reportings, and lectures before and after duty, also during break periods.

FEU–NRMF PHYSICAL THERAPY REHABILITATION UNIT | AUG 2020 – SEPT 2020

- Prepared patients for treatments and answered basic questions.
- Implemented treatment interventions to support individual objectives in daily living, clinical, educational and vocational areas.
- Helped determine realistic treatment goals and adjusted steps based on patient progress.
- Administered tests to assess nature of disabilities and limits of function and personal capacities.
- Upheld safety of patients through all treatment protocols.
- Gathered and organized documentation for therapy staff.
- Educated patients and families on conditions, treatments and home exercises.

EAST AVENUE MEDICAL CENTER | JUNE 2020 – JULY 2020

- Restocked facility supplies and set up treatment rooms.
- Prepared patients for treatments and answered basic questions.
- Implemented treatment interventions to support individual objectives in daily living, clinical, educational and vocational areas.
- Helped determine realistic treatment goals and adjusted steps based on patient progress.
- Withheld case presentations, reportings, and research appraisal.
- Gathered and organized documentation for therapy staff.
- Educated patients and families on conditions, treatments and home exercises.
- Tasked to handle clerical or administrative works.

CERTIFICATION

- TESOL (Teaching English to Speakers of Other Languages) Certification
- TEYL (Teaching English to Young Learners) Certification