



# **JOAN CHRISTINE V. GALARIO, PTRP**

Address: #051 area 1A Matandang balara Luzon Ave Quezon City

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Date of Birth: August 7, 1993

Place of Birth: San Pedro, Laguna

Gender: Female

Nationality: Filipino

Marital Status: Single

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## **CAREER OBJECTIVE**

Seeking a position that can utilize my clinical and educational experiences in improving patient's disabilities. Eager to learn new things in my field of profession.

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## **SKILLS AND ABILITIES**

- Good human behavior and interpersonal skills.
- Computer literate: MS word, excel and Power point presentations.
- Willing to try new things and interested in improving efficiency on assigned task.
- Has a good multi-tasking skill.
- Able to communicate and get along well
- EMS specialist
- Temporomandibular disorder specialist
- Back care specialist
- Ankle and foot Specialist
- Able to do different techniques of Manual Therapy such as spinal mobilization and manipulation, ART release, Mulligan techniques, etc.
- Able to create a treatment program for the patient based on the thorough medical care assessment.

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## **LICENSURE EXAMINATION**

**Physical Therapy and Occupational Therapy licensure Examination**

**August 8 & 9, 2015**

**Professional Regulation Commission-Manila**

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## **EDUCATIONAL BACKGROUND**

- Tertiary: St. Jude College-Manila  
BS in Physical Therapy, SY 2013-2015

Pamantasan ng Lungsod ng Maynila

BS in Physical Therapy, SY 2009-2012

- Secondary: Ramon Avancena High School, SY 2005-2009
  - Primary: F. Ma. Guerrero Elementary School, SY 2002-2005  
Paco Catholic School, SY 1999-2002
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## **INTERNSHIP BACKGROUND**

### **RELIGIOUS OF THE VIRGIN MARY (RVM)**

**N. Domingo St. Balete Drive, Quezon City**

**May-June 2014**

- Dealt with geriatric conditions such as age related musculoskeletal problems, neurological cases and cardiopulmonary cases.

### **EAST AVENUE MEDICAL CENTER**

**East Ave. Quezon City**

**July 2014**

- Dealt patients with neurologic and musculoskeletal cases such as CVA, LBP and fractures.

### **ST. JUDE HOSPITAL AND MEDICAL CENTER**

**Don Quijote St., Dimasalang Sampaloc, Manila**

**August 2014**

- Handled patients with neurologic such as CVA patients and musculoskeletal problems (LBP, Acromioplasty, Rotator Cuff tear, MPS, fracture and Spinal Stenosis).

### **STA. ANA HOSPITAL**

**New Panaderos St., Sta. Ana, Manila**

**September 2014**

- Handled patients with neurologic cases (CVA, GDD, CP) and musculoskeletal problems such as fracture, LBP, MPS, dislocation).

### **LUNG CENTER OF THE PHILIPPINES**

**Quezon Ave, Diliman, Quezon City, Metro Manila**

**October- November 2014**

- Handled patients with pulmonary cases such as PTB, COPD, ARF and also neurologic and musculoskeletal cases.

### **JOSE R. REYES MEMORIAL MEDICAL CENTER**

**Rizal Avenue Sta. Cruz, Manila**

## **December 2014**

- Handled patients with work related injuries, age related musculoskeletal skeletal injuries and also neurologic cases.

## **COMMUNITY BASED REHABILITATION (ST. JUDE COLLEGE)**

**Don Quijote St., Dimasalang Sampaloc, Manila**

**January 2015**

- Handled patients with cases such as CVA and musculoskeletal problems such as fracture and arthritis.

## **SUMMIT WELLNESS AND SPORTS CENTER**

**4th Floor, West tower, Philippine Stock Exchange Road, Ortigas Center, Pasig City**

**February 2015**

- Dealt patients with sports (ACL reconstruction, ankle sprain, LBP), work and age related injuries.
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## **SEMINARS ATTENDED:**

**Manual Therapy Strategies for the Shoulder Complex**

October 18, 2015

**Objective Structured Clinical Examination: An Outcome Based Assessment**

November 22, 2015

Spinal Manual Therapy: Mobilization and Manipulation Practical Approach

August 19-20, 2017

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## **Previous Work Attended:**

**Sta. Ana Hospital**

Physical Therapist-Volunteer 2015- February 2016

**Barangay Highway Hills Mandaluyong City as part time Physical Therapist**

**2015-2016**

**Almario Physio Team the Fort Manila as Supervising Officer (McKinley Park Residences, Makati Branch, Infinity branch)**

**2017-2018**

**Almario Physio Team the Fort Manila as Senior Physiotherapist**

**2018-Feb 2020**

**Curves Magnolia as a Fitness Coach**

**Feb 2020-present**

**REFERENCES**

Marcial Patrocinio, PTRP  
St. Jude College- Manila  
09167047007

Lav Einnor B. Tubo, PTRP  
Training and Research Development Officer,      Almario Physio Team the Fort  
09177026799