

KERRY JANE J. CACAYURAN

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KERRY JANE J. CADIENTE

PROFILE

A well-organized individual used to working under pressure. Communicates well, both written and orally and enjoys working with a wide range of people. Self motivated with an outgoing personality and the determination to succeed. Flexible and able to solve problems using own initiative and creative approach. Possesses administrative skills and is computer literate.

PERSONAL DATA

Date of Birth : April 15, 1990
Civil Status : Married
Citizenship : Filipino
Sex : Female
Language/ Dialect Spoken : English, Filipino, and Iluko

EDUCATIONAL BACKGROUND

Degree:

- March 2011 *Registered Nurse in the Philippines*

College:

- 2006 – 2010 *Bachelor of Science in Nursing – Lorma Colleges – San Fernando City, La Union*

Secondary:

- 2002 – 2006 *Pascual Rivera Pimentel Memorial Academy - Sta. Cruz, Ilocos Sur*

Primary:

- 1996 – 2002 *Amarao Elementary School - Sta. Cruz, Ilocos Sur*

PROFESSIONAL EXPERIENCE

August 2014 – August 2020: **Khonaini General Dispensary**, Jubail City, Kingdom of Saudi Arabia

- *Dental Nurse –Dental Clinic*
 - ✓ Accurately assesses the patient's complain or condition then assist them on the dental chair in which they can seen by the doctor.
 - ✓ Adhere to cross infection and health and safety protocols to the highest standards.
 - ✓ Ensure that all equipments is adequately disinfected after every single use and decontaminated correctly.
 - ✓ Set up each and every patient providing the dentist with the correct equipment and instruments.
 - ✓ Assist the dentist during treatment by passing relevant instruments and equipments, aspirating and retracting if necessary.
 - ✓ Prepare and mix materials
 - ✓ Monitor the patient upon entering the room, during and after the procedure.
 - ✓ Ensure safe disposal of sharps and clinical waste.
 - ✓ To establish and maintain productive working relationships with all members of the dental team.
 - ✓ To keep accurate records and ensure the recording methods are used in line with agreed practice policy, current medico-legal guidelines and recommendations from official bodies.
 - ✓ Report equipment failures or breakages to the Practice Manager, so that action may be taken to remedy any defects.
 - ✓ Monitor and maintain stocks within the dental surgery as necessary, informing the Practice Manager and liaising with the dentists and therapist over necessary orders, and warning of any shortages of materials in the stores.
 - ✓ Communicate appropriately and sensitively with patients who may be fearful, vulnerable, have sensitive concerns or have special needs i.e. physical and learning difficulties, elderly, deaf, blind or for whom English is not their first language.

April 2013 – July 2014 (*Staff Nurse*) **Pediacare Clinic**, Alexander St., Urdaneta City, Pangasinan

November 2011 – February 2012 (*Staff Nurse*)

May 2010 – May 2011 (*Volunteer Staff Nurse*)

- *Staff Nurse – Pedia Clinic*
 - ✓ Rooms patient and prepares them for examination of the Doctor.
 - ✓ Measures vital signs, obtaining history and documenting them on their medical records.
 - ✓ Provides nursing care to patients.
 - ✓ Carries out physician's order.
 - ✓ Prepares equipments and materials needed for the treatment and examination.
 - ✓ Administers prescribed medications and treatment to the patient.
 - ✓ Observe records and assess patient's condition and reaction.
 - ✓ Sanitizing equipments and treatment room between uses.
 - ✓ Prepares treatment room for use.

- ✓ Provides health teachings to the parents for the patient.

March 2012 – February 2013 **Department of Health**, Sta. Cruz, Ilocos Sur

- RN *HEALS* (Community Health Nurse)
 - **Programmer/ Planner:**
 - ✓ Identifies the needs and concerns of individuals, groups, families, and the community
 - ✓ Formulates health plans, especially in the absence of a community physician
 - ✓ Interprets and implements nursing plans and programs
 - ✓ Assists other health team members in implementing health programs in the setting
 - **Health Educator/Trainer/ Counsellor**
 - ✓ Acts as resource speaker on health and health related services
 - ✓ Advocates health programs in the community through dissemination of IEC or Information Education and Communication materials
 - ✓ Conducts advocacy educations concerning premarital, breastfeeding, and immunization counsellings
 - ✓ Organizes orientation/ training of concerned groups like pregnant mothers
 - ✓ Identifies and interprets training needs of health team members and formulate appropriate training program for them
 - ✓ Conducts and facilitates necessary training or educational orientation to other health team members in the community
 - **Community Organizer**
 - ✓ Promotes self- reliance of community and emphasizes their involvement and participation in planning, organizing, implementing and evaluating of health services
 - ✓ Initiates and implements community development activities
 - **Provider of Nursing Care**
 - ✓ Renders direct care to various clients with different needs, may it be at home, in school, clinics or work settings
 - ✓ Involves the family in the care of the sick or dependent individual, i.e. sick child
 - **Health Monitor**
 - ✓ Monitors and detects presence of health concerns in the community through contacts or home visits.
 - ✓ Utilizes various effective data gathering techniques in keeping an eye on the health status of all recipients of care.
 - ✓ Records and reports health status and presence of health problems in the community
 - **Researcher**
 - ✓ Follows a systematic process of monitoring the health status of the community through the conduct of surveys and home visits

- ✓ Conducts researches concerning the health of the community
- ✓ Coordinates with government and non- government organizations in the conduct and implementation of studies
- **Statistician**
 - ✓ Records data systematically and ensures its validity through accurate and complete data gathering
 - ✓ Reports prepared reports to concerned organizations i.e. government organization for immediate necessary plans or programs
 - ✓ Consolidates and reviews reports efficiently.
 - ✓ Analyzes and interprets consolidated data for monitoring the development in the health matters of the whole community
- **Change Agent**
 - ✓ Promotes and motivates change in the community in their health practices and lifestyle behaviors for them to promote and maintain good health, be knowledgeable and has initiative in accessing health services
 - ✓ Inculcates self- reliance to brought about development and improvement in the community

July 2011 – October 2011 **Bacnotan District Hospital**, Bacnotan, La Union

- *Volunteer Staff Nurse – Emergency Room*
 - ✓ Accurately assesses the patient's injuries or condition then places them in a prioritized order in which they are seen by the doctor.
 - ✓ Takes the patient's vitals such as weight, temperature and blood pressure. Records the information as well.
 - ✓ Carrying out the care plan the doctor prescribes.
 - ✓ Coordinate and refer patients to other departments when prolong or specialized treatments are required.
 - ✓ Do the insertion of IV line aseptically.
 - ✓ Administers medications or injects shots.
 - ✓ Observe aseptic technique in preparing and assisting medical treatment, examination, cleaning and sterilization of instruments.
 - ✓ Explains any discharge instructions to the family and patient, and prepares them to take over care at home for out-patient cases.
 - ✓ Provides assistance and guidance to medical and nursing students in handling and manipulating medical instruments.
- *Volunteer Staff Nurse – General Ward*
 - ✓ Receives the ward from outgoing nurse and makes actual rounds with the nurse paying attention to the new admission, patients for X-ray, patients for laboratory examinations and patients for operation.
 - ✓ Checks medicines, treatments, injection cards and carries orders of specific time.
 - ✓ Admits and discharges patients: recording hospital routines and policies.
 - ✓ Gathering information on admission like proper identification, his/her name, age, address, and other circumstances.

- ✓ Taking patients history, allergies and other manifestations in the family.
- ✓ Monitoring vital signs and reporting of any untoward signs and symptoms.
- ✓ Checks and makes changes in the diet list to be submitted to the dietary department whenever necessary.
- ✓ Charts accurately all treatments, injections and other pertinent observations.
- ✓ Administering medicines conscientiously by observing the five rights
- ✓ Maintains cards and nursing supplies.
- ✓ Informing laboratory results to the physician.
- ✓ Imparts the importance of health teachings to patient's and client's families.
- ✓ Assisting the physician in bedside rounds and procedures.
- ✓ Putting patients at ease and reassuring him whenever necessary in giving treatment for his comfort.
- ✓ The patient is safeguarded psychologically by discerning observation of all signs and symptoms relating either to local area or general condition.

TRAINING AND SEMINARS

TRAININGS:

- **Saudi Heart Association National CPR Committee**– Armed Forces Hospital King Abdulaziz Naval Base – Jubail City, Kingdom of Saudi Arabia
 - **Basic Life Support (First Aid and Cardio Pulmonary Resuscitation)**- September 04, 2014
- **Institute for Nursing Enrichment Training Center** – Baguio City, Philippines
 - **Advanced Cardiovascular Life Support** – June 24, 2014
 - **Emergency Oxygen Administration** – June 24, 2014
 - **Basic Life Support** – June 23, 2014
 - **Basic Emergency Cardiovascular Pharmacology** – June 23, 2014
 - **Basic Cardiac Rhythm Recognition**– June 23, 2014
 - **Electrical Therapy & AED Operation** – June 23, 2014
 - **Advanced Airway Management & Endotracheal Intubation** – June 23, 2014
- **Ilocos Training and Regional Medical Center**– San Fernando City, La Union
 - **Hemodialysis Training Course**–May 13 - June 14, 2013
- **Philippine Red Cross**– San Fernando City, La Union
 - **Phlebotomy Training** – April 15-17, 2013
- **Ilocos Training and Regional Medical Center**– San Fernando City, La Union
 - **Basic IV Therapy Training Program for Nurses** – June 24-26, 2011

SEMINARS:

- **Ilocos Training and Regional Medical Center**– San Fernando City, La Union
 - **Intravenous Fluid Therapy for Patients with Dengue Fever** – December 13, 2013
 - **Neonatal Intravenous Therapy** – December 12, 2013
- **Philippine Heart Center**–East Avenue, Quezon City
 - **DOQ Guidelines for PD Adequacy: “Are they on Target?”**- July28, 2013
 - **Kidney Month “Facts and Myths in Dialysis”** – June 30, 2013
- **Lorma Colleges**– San Fernando City, La Union
 - **Complications of Pregnancy: “A Challenge to Nurses”** - January 27, 2010
 - **“Immediate Nursing Response to Emergency Scenarios”** – January 13, 2010

REFERENCES

Dr. Farah Anwar – DMD Dentist - Khonaini General Dispensary – Jubail City, Kingdom of Saudi Arabia - +966534024561

Dr. Amanda Jene C. Bariring – MD, Pediatrician – Pediacare Clinic – Alexander St. Urdaneta City, Pangasinan - +63922-312-0348

Ms. Cecil F. Ubungen, RN, CRN–Nurse-in-Charge Hemodialysis Unit –Ilocos Training and Regional Medical Center, San Fernando City, La Union

Ms. Elalin J. Javillonar, MD –Municipal Health Officer – Don Anonio L. Valle Sr. Memorial Health Center - +63920-969-0636

Ms. Edna L. Luzadas, RN – Municipal Health Nurse - Don Anonio L. Valle Sr. Memorial Health Center - +63908-720-3986

Delia B. Orejudos, RN – Chief Nurse – Bacnotan District Hospital, Bacnotan, La Union

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