

Maria Rowena Reballos Abadiano

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Career Objective: To be a synergistic team player in a dynamic institution in the field of Rehabilitation Medicine. Impart the knowledge, skills and sound work attitude amassed through experiences. And in return, further enhance my being from the learning to be derived from the team.

Personal Background:

Age: 37

Date of Birth: 20-December-1982

Citizenship: Filipino

Educational Background:

June 2001 - April 2005

Far Eastern University- Dr. Nicanor Reyes Medical Foundation
Regalado corner Dahlia Street, West Fairview, Quezon City, Philippines

Bachelor of Science in Physical Therapy

June 1999 - May 2001

Far Eastern University
Nicanor Reyes Street, Morayta, Manila, Philippines

June 1995 - March 1999

San Jose Academy
M. Naval Street, Navotas City, Philippines

June 1989 - March 1995

San Jose Academy
M. Naval Street, Navotas City, Philippines

Licenses / Examination Taken:

Saudi Commission for Health Specialities
Physiotherapy Technician
Jeddah, Kingdom of Saudi Arabia
Valid until 01-August 2022

Qatar Council for Healthcare Practitioner
Physiotherapist
Doha, Qatar
Valid until 28-February 2017

Employment Overview:

October 2016 - October 2020

Chronic Care Specialized Medical Hospital

Jeddah, Kingdom of Saudi Arabia

Staff Physical Therapist

- Evaluate, assess and treat patient/s referred for physiotherapy
- Formulate treatment plan accordingly with emphasis on therapeutic exercises and modalities
- Record daily physical therapy notes

May 2014 - May 2016

Qatar Care for Home Care Services

Doha, Qatar

Staff Physiotherapist

- Assess and evaluate patients referred for home physical therapy
- Provide needed modalities and treatment for each individual cases
- Update physical therapy management regularly

January 2008 - January 2014

Specialist Medical Center

King Fahad (Sitteen) Street, P.O. Box 6519

Jeddah 21452, Kingdom of Saudi Arabia

Staff Physiotherapist

- Plan and administer medically prescribed physical therapy treatment for patient
- Record initial assessment and weekly progress notes
- Provide needed modalities with emphasis on therapeutic exercise and manual therapy
- Update physical therapy management regularly

May 2005 - Jun 2007

Northpoint Orthopedic and Arthritis Center

Suite 42 - 1st Floor Mary Chiles General Hospital

667 Dalupan Street, Sampaloc, Manila, Philippines 1008

Physical Therapist - Associate

- Evaluate client/patient's condition referred for physical therapy and record initial findings
- Formulate a treatment plan for each individual patient using needed modalities with emphasis on essential exercises and manual therapy
- Update the evaluation and exercise prescription regularly
- Treat patient accordingly and record progress or changes as necessary

Cases Handled:

- **Neurological** (Cerebrovascular Accident, Traumatic Brain Injury, Spinal Cord Injury, Peripheral Nerve Injuries, Guillan Barre Syndrome, Amyotrophic Lateral Sclerosis)
- **Musculoskeletal** (Adhesive Capsulitis, Hip Arthroplasty, Myofascial Pain Syndrome, Low Back Pain, Fibromyalgia, Spondylosis, Spondylolisthesis, Spinal Stenosis, Fracture, Scoliosis)
- **Pediatrics** (Cerebral Palsy, Autism, Down Syndrome, Duchenne Muscular Dystrophy, Becker's Muscular Dystrophy, Hydrocephalus)
- **Medical and Surgical** (Burn, Decubitus Ulcer, Peripheral Vascular Disease, Amputation, Cumulative Trauma Disorders, Coronary Artery Disease)
- **Geriatrics** (Rheumatoid Arthritis, Osteoarthritis, Gout, Chronic Fatigue Syndrome)
- **Pulmonary** (Chronic Bronchitis, Emphysema, Asthma)
- **Metabolic Diseases** (Obesity, Diabetes, Hypertension)

Equipments Handled:

• Knowledgeable in using various physical therapy modalities such as therapeutic ultrasound, mechanical cervical traction, mechanical lumbar traction, iontophoresis, biofeedback, orthostatic hypotension table, infrared rays lamp, transcutaneous electrical nerve stimulation devices, electrical stimulation devices, functional electrical stimulation devices, short wave diathermy and interferential current

Training and Seminar:

- Basic Life Support Provider Course
Albidayah Maternal Awareness
Jeddah, Kingdom of Saudi Arabia
Date of Issue: 01 - November 2018
- Home Health Care Training Course King
Abdulaziz University General Hospital
Jeddah, Kingdom of Saudi Arabia
December 24, 2017 - January 04, 2018
- Immediate Life Support
Hamad International Training Center
Hamad Medical Center
Doha, Qatar
Date of Issue: 11-March 2015