

ACOSTA, MELANIE ZABALA

Barangay Bukay Pait, Tantaran, South Cotabato

lanie.acosta@yahoo.com

+639262045611

**OBJECTIVE**

Looking forward for a career in an institute where I can use my knowledge and skills towards my growth and development to my chosen profession. Capable of providing quality and standard care to medical and surgical patients. With enough knowledge on the procedures done in the clinical setting and able to follow the rules and regulations of the hospital.

PERSONAL INFORMATION

Age: 27

Date of birth: 17 April 1993

Place of birth: Barangay Bukay Pait, Tantaran, South Cotabato

Gender: Female

Height: 5'2"

Weight: 50kg

Civil Status: Single

Religion: Catholic

Nationality: Filipino

Language: Tagalog, English

Passport No: P6033528A

Valid Until: 14 February 2028

EDUCATIONAL BACKGROUND**Bachelor of Science in Nursing**

Davao Doctors College

General Malvar St., Davao City

June 2009 – March 2013

PROFESSIONAL LICENSE**Professional Regulation Commission**

PRC License No: 0850811

Registration Date: 16 February 2015

Valid until: 17, April 2021

Saudi Commission for Health Specialties

License No: 19035140

Registration Date: 05 November 2019

Valid Until: 10 November 2021

PROFESSIONAL EXPERIENCE

Socomedics Medical Center

Position: Staff Nurse

Areas of exposure: General Ward

Hospital address: Judge Alba St., Koronadal City

Bed capacity: 65 beds

Period of employment: 28 November 2015 – 31 October 2018

Nursing care delivery: Functional Nurse

Job Description and Responsibilities:

- Performs physical and neurological assessment and continues monitoring of vital signs.
- Initiates diagnostic procedures and examine patients to determine the degree of surgical risk.
- Administers intravenous antibiotics and fluids, and oral medications according to prescribed medical standards.
- Provide bedside nursing care to patients such as changing of dressing, removal of clips and sutures and assistance with mobilization.
- Assists attending physicians during daily rounds with patients, discusses underlying problems and complications including immediate care to be given.
- Liaises with appropriate internal and external support services which involves physiotherapist, social workers, dietician to provide seamless care.
- Works closely with members of multidisciplinary health care team to provide continuous and effective level of care to patients.
- Assisting patient to settled account for discharge and giving proper instructions of the medications at home.

King Fahd Armed Forces Hospital

Position: Staff Nurse

Areas of exposure: Medical Ward

Hospital address: Jeddah, Kingdom of Saudi Arabia

Bed capacity: 550 beds

Period of employment: 20 January 2019 – 08 January 2020

Nursing care delivery: Primary Nurse

Job Description and Responsibilities:

- Complete physical and neurological assessment from head to toe to all patients and develop a written nursing care plan upon admission and receiving from the continuity of care.
- Initiates cardiac monitor, oxygen therapy, non-invasive BP and oximetry, evaluate IV sites, IV fluids and evaluate existing drainage / catheters in place.
- Adhere to the infection control policies and maintain zero (CLABSI, CAUTI).

- Manage central lines, blood sampling, medication administrations, blood exchange transfusions and monitor for adverse reactions.
- Initiates diagnostic procedures and examine patients to identify the condition and giving proper care to the patient.
- Follows continues respiratory and cardiac monitor readings, and electrolyte imbalance, such as ECG tracing, o2 saturations and blood extraction and report any observed changes.
- Provide nutritional assessment and specialized feeding such as Enteral and Parenteral feeding.
- Administer medications including High Alert Medication (HAM) and Look-Alike Sound-Alike (LASA) medications and Narcotic drugs with strict compliance on the policy.
- Assisting physicians during rounds and examination, treatment and procedures including non-invasive and invasive procedures, lifesaving procedures, and medical emergencies, crisis and codes.
- Documents all patient care, keeping updated medical records to ensure the continuity of care and perform quality of care.
- Provides patients' needs and learning needs. Educate the patient and the family according to their needs until discharge.
- Provide information, education, and emotional support to patient family specially to dying patient.
- Perform and demonstrate proper handling of equipments used in the unit.
- Perform appropriate techniques in dressing care such as tracheostomy care, bedsores, central line care.

Socomedics Medical Center

Position: Staff Nurse

Areas of exposure: General Ward

Hospital address: Judge Alba St., Koronadal City

Bed capacity: 65 beds

Period of employment: 16 March 2020 – present

Nursing care delivery: Functional Nurse

Job Description and Responsibilities:

- Performs physical and neurological assessment and continues monitoring of vital signs.
- Initiates diagnostic procedures and examine patients to determine the degree of surgical risk.
- Administers intravenous antibiotics and fluids, and oral medications according to prescribed medical standards.
- Provide bedside nursing care to patients such as changing of dressing, removal of clips and sutures and assistance with mobilization.
- Assists attending physicians during daily rounds with patients, discusses underlying problems and complications including immediate care to be given.
- Works closely with members of multidisciplinary health care team to provide continuous and effective level of care to patients.

- Assisting patient to settled account for discharge and giving proper instructions of the medications at home.

Equipment/ Machine Used

- ECG Machine
- Portable Doppler machine
- Infusion pump
- Defibrillator (Life Pack)
- Cleansing Enema
- Computer
- Pulse oximeter
- Cardiac monitor
- Blood glucose monitor
- Dinamap vital signs monitor
- Suction machine
- Urine dipstick analyzer
- Pyxis machine

SEMINARS AND TRAININGS ATTENDED

IV Training Program for Nurses

By Association of Nursing Service Administration of the Philippines, Inc.
Audio-Visual Room, Evelyn E. Fabie College Inc.
15-17 May 2015

Nursing Competency Program-Didactic Training

Socomedics Medical Center
Judge Alba St., Koronadal City
13 May 2016

Baby-Friendly Breastfeeding Initiative Program

Socomedics Medical Center
Judge Alba St., Koronadal City
07-09 September 2016

Fire and Safety Training and Examination

By Academic Affairs and Training Center
King Fahd Armed Forces Hospital, Jeddah, KSA
28 January 2019

Infection Control - Exam

By Academic Affairs and Training Center
King Fahd Armed Forces Hospital, Jeddah, KSA
February 2019

Central Board for Accreditation of Health Care Institution (CBAHI) Lectures and Examination

By Academic Affairs and Training Center
King Fahd Armed Forces Hospital, Jeddah, KSA
February 2019

Joint Commission International (JCI) Lectures and Examination

By Academic Affairs and Training Center
King Fahd Armed Forces Hospital, Jeddah, KSA
February 2019

Internal / External Disaster Preparedness Plan

By Academic Affairs and Training Center
King Fahd Armed Forces Hospital, Jeddah, KSA
04 February 2019

Facility Management & Safety Program

By Academic Affairs and Training Center
King Fahd Armed Forces Hospital, Jeddah, KSA
04 February 2019

Adult Intravenous Cannulation

By Academic Affairs and Training Center
King Fahd Armed Forces Hospital, Jeddah, KSA
13 February 2019

Administration of Drugs Via Intravenous Routes

By Academic Affairs and Training Center
King Fahd Armed Forces Hospital, Jeddah, KSA
13 February 2019

American Heart Association Basic Life Support (CPR and EAD) Program

By King Fahd Armed Forces Hospital, Jeddah
King Fahd Armed Forces Hospital, Jeddah, KSA
19 February 2019

Hazardous Materials (HAZMAT) Awareness - Exam

By Continuous Quality Improvement & Patient Safety Department
King Fahd Armed Forces Hospital, Jeddah, KSA
09 April 2019

Electrocardiogram (ECG) Course

By Academic Affairs and Training Center
King Fahd Armed Forces Hospital, Jeddah, KSA
16 May 2019

REFERENCES

Ianne Jean Fantilanan, RN

Nursing Department-Head Nurse
Socomedics Medical Center

Jebeth Barcenilla-Visto, RN

Nursing Department-Supervisor Nurse
Socomedics Medical Center

Marydith Javier, RN

Nursing Department-Chief Nurse
Socomedics Medical Center

Eugenia Mngoma, RN

Acting Head Nurse-Medical Ward
King Fahd Armed Forces Hospital
Email: Thulamngoma45@yahoo.com